

1 **Policy:** **Clinical Services Program – Arkansas**

2

3 **Date of Implementation:** **February 4, 2004**

4

5 **Product:** **Specialty**

6

7

8 **DEFINITIONS**

9 *Credentialed Practitioner* – A credentialed practitioner is an employee, independent  
10 contractor or is associated with a contracted provider in some way and in some instances;  
11 a contracted provider may be a credentialed practitioner. A credentialed practitioner is a  
12 practitioner who has been credentialed with ASH and is duly licensed, registered or  
13 certified, as required, in the state in which services are provided.

14

15 *Contracted Practitioner* – A contracted practitioner is a practitioner of health care services,  
16 a group practice, or a professional corporation which or who has both been credentialed by  
17 and contracted with ASH for the purpose of rendering professional services that are widely  
18 accepted, evidence based, and best clinical practice within the scope of the contracted  
19 practitioner’s professional licensure.

20

21 *Contracted Provider* – A contracted provider is any legal entity that (1) has contracted with  
22 ASH for the provision of services to members; (2) operates facilities at which services are  
23 provided; (3) is a credentialed practitioner or employs or contracts with credentialed  
24 practitioners.

25

26 **PURPOSE**

27 The Clinical Services Program (CS Program) defines the process for monitoring and  
28 evaluating treatment/services provided to members by credentialed practitioners. The CS  
29 Program provides a structured approach to positively influencing provider behavior toward  
30 conservative, evidence-based practices which may include verification of the medical  
31 necessity of diagnostic and treatment services delivered to members. This approach  
32 includes dissemination of clinical guidelines, peer-to-peer dialogue, peer review of data  
33 submitted on Medical Necessity Review Forms (MNR Forms) and supporting documents,  
34 and clinical decision communications that reference the applicable guidelines and clinical  
35 literature.

36

37 Every medical necessity verification decision is evaluated against established clinical  
38 guidelines and review criteria which are supported by credible scientific evidence that  
39 meets industry standard research quality criteria and are adopted as credible by an  
40 American Specialty Health – Specialty (ASH) clinical peer review committee. Further, the  
41 use of these practice parameters provides acceptable, scientifically valid, professionally  
42 ethical, and responsible support for the decisions made in the management of clinical

1 services rendered to members. The CS Program defines the process for peer review  
 2 evaluation of the appropriateness and effectiveness of submitted treatment/services, which  
 3 include visits, examinations, diagnostic tests and/or procedures, and plan of care, including  
 4 but not limited to intervention and goals.

5  
 6 Written policies and procedures govern all aspects of the CS Program.

7  
 8 State mandates, regulatory requirements, accreditation standards, and/or specific health  
 9 plan delegation agreements may require modification of some sections of the CS Program  
 10 for compliance. Where this occurs, the CS Program is modified and approved as applicable.

## 11 **MISSION**

12 The mission of the Clinical Services Program (CS Program) is to enhance the quality of  
 13 treatment/services rendered to members through:

- 14 • Direction and oversight of the continuity of treatment/services provided to the  
 15 member;
- 16 • Detection of trends, patterns of performance, or potential problems related to  
 17 member health and safety issues;
- 18 • Management of quality, clinical efficacy, and utilization of member benefits to  
 19 encourage optimal clinical and cost effectiveness;
- 20 • Education of practitioners to utilize appropriate, efficient, and professionally  
 21 recognized standards of practice for medically necessary care through the  
 22 dissemination of standards and guidelines, educational materials, and through  
 23 outreach by clinical staff;
- 24 • Assurance that clinical staff who verify the medical necessity of treatment/services  
 25 are not compensated or given other incentives to make clinical adverse benefit  
 26 determinations nor for rendering decisions that encourage or result in under-  
 27 utilization;
- 28 • Assurance that quality assurance and medical necessity review decisions are based  
 29 only on appropriateness of care and treatment/services; and
- 30 • Assurance that quality assurance and medical necessity review decisions are  
 31 conducted consistently and according to professionally recognized standards of  
 32 practice and ASH policy.

## 33 **SCOPE**

34  
 35 The ASH Clinical Services Program (CS Program) defines the process for monitoring and  
 36 evaluation of treatment/services provided to members by contracted  
 37 providers/practitioners. The CS Program provides a structured approach to verify the  
 38 medical necessity and appropriateness of treatment/services delivered to members through  
 39 review of clinical data submitted by the provider/practitioner on Medical Necessity Review  
 40 Forms (MNR Forms) and/or supporting documents. Clinical decisions are made by peer  
 41 clinicians, when allowed by state regulations, who are appropriately licensed and  
 42

1 credentialed and who have experience in direct-contact patient management. The CS  
 2 Program also outlines ASH’s clinical and administrative services in support of the medical  
 3 necessity review process.

#### 4 **GOALS AND OBJECTIVES**

6 The goals and objectives of the Clinical Services Program (CS Program) include:

- 7 • Maintenance of accreditation by URAC and the National Committee for Quality  
 8 Assurance (NCQA);
- 9 • Operation of a fully staffed peer review system using credentialed, clinical quality  
 10 evaluators for timely clinical decision-making, consistency, and efficiency;
- 11 • Evaluation of the appropriateness and effectiveness of clinical treatment/services  
 12 provided to members as well as monitoring over-utilization, under-utilization,  
 13 continuity and coordination of care, and safety through verification of medical  
 14 necessity;
- 15 • Ensure equitable accessibility and availability to all members for medically  
 16 necessary care;
- 17 • Satisfaction of the demands of operational process efficiencies necessary to manage  
 18 business growth, reduce administrative expenses, and fulfill quality and service  
 19 expectations of customers, national accreditation agencies, and regulatory entities;
- 20 • Clear and timely communication of quality assurance and medical necessity review  
 21 decisions, which are based on peer-reviewed literature, educational based  
 22 textbooks, clinical practice guidelines and clinical services guidelines, to  
 23 practitioners and members;
- 24 • Analysis of member demographics and diagnoses to facilitate a better  
 25 understanding of the health status of ASH members as well as to determine disease  
 26 incidence and chronic conditions in the member population;
- 27 • Analysis of member service utilization data including but not limited to initial  
 28 exams/evaluations, subsequent exams/re-evaluations, office visits, x-rays,  
 29 laboratory tests, and other adjunctive services;
- 30 • Direction and oversight of clinical services data through the tracking and analysis  
 31 of data reflecting verification of medical necessity of treatment/services submitted,  
 32 as applicable;
- 33 • Evaluation of satisfaction with the clinical services process through the Patient  
 34 Satisfaction Survey. The data are analyzed annually for systemic performance  
 35 management opportunities and on a real-time basis for patient-specific issues and  
 36 areas of dissatisfaction;
- 37 • Evaluation of satisfaction with the clinical services management process through  
 38 the annual Practitioner Satisfaction Survey. The data are analyzed annually to  
 39 identify opportunities for practitioner service improvement;
- 40 • Development of systems to evaluate and determine which treatment/services are  
 41 consistent with accepted standards of practice;

- 1 • Coordination of timely and thorough investigations and responses to member,  
2 practitioner and provider grievances and appeals related to the clinical services  
3 process, if delegated;
- 4 • Initiation of systems and processes to identify and limit recurring issues related to  
5 quality assurance and medical necessity reviews;
- 6 • Development and maintenance of systems processes to monitor clinical outcomes  
7 of care through satisfaction and outcomes survey methods; and
- 8 • Maintenance of systems processes to encourage member health education by  
9 making member health education information available on the company website  
10 and by making specialty health information available for use by clients in their  
11 member education programs.

### 12 **ORGANIZATIONAL STRUCTURE/ACCOUNTABILITY**

13 The Clinical Services Program (CS Program) has been established with input and active  
14 participation of key staff and management. The Quality Oversight Committee (QOC) has  
15 responsibility for the development and oversight of the CS Program. The QOC includes,  
16 among others, the Chief Health Services Officer (CHSO), Senior Vice President, Specialty  
17 Network Operations, Vice President, Clinical Services, Vice President, Rehab Services,  
18 Vice President, Health Services, Medical Director and at least one credentialed  
19 practitioner.  
20

21  
22 The CS Program is reviewed, assessed, and approved annually and as necessary by the  
23 appropriate quality committees, including the QOC. The responsibility for assessing and  
24 monitoring the quality of care provided to members is delegated by the Board of Directors  
25 (BOD) to the QOC. The CS Program is approved by the QOC, monitored by ASH senior  
26 management, and the outcomes are reported to QOC and the BOD at least annually.  
27

28 Clinical services activities and reports are integrated into the Quality Improvement  
29 Program (QI Program), Quality Improvement Work Plan (QI Work Plan), and Annual  
30 Quality Improvement Evaluation (Annual QI Evaluation) to ensure continuous quality  
31 improvement. The Clinical Services department is responsible for coordinating the cross-  
32 departmental development, approval, and reporting of the CS Program. The Corporate  
33 Compliance Committee (CCC) is responsible for coordinating the cross-departmental  
34 development, approval, and reporting of the QI Work Plan and necessary updates, Annual  
35 QI Evaluation, and the Clinical Performance Program, and supports quality initiatives  
36 under the direction of operations management and the QOC.  
37

### 38 **STAFF RESPONSIBILITIES**

39 ASH's organizational chart accurately reflects the clinical staff, the Medical  
40 Necessity/Benefit Administration (MNA) staff, and reporting structures. Staff position  
41 descriptions and committee charters explain the associated oversight and transactional  
42 responsibilities and duties. The staff ratios are equivalent to ASH's needs. Reporting

1 relationships are clearly defined. Interdepartmental coordination of medical necessity  
 2 review is clearly delineated in committee charters, team descriptions, department  
 3 responsibilities, and position descriptions.

4  
 5 Information is evaluated periodically from URAC, NCQA, Department of Labor (DOL),  
 6 and Centers for Medicare and Medicaid Services (CMS) in order to analyze internal  
 7 processes and ensure compliance. Staff are provided documentation, education, and  
 8 training to understand external regulatory and accreditation standards/requirements and  
 9 receive education and training in the standards and principles of these organizations as they  
 10 relate to their responsibilities during initial orientation and at least annually thereafter.

### 11 12 **Chief Health Services Officer**

13 The Chief Health Services Officer/Executive Vice President (CHSO) serves on the Quality  
 14 Oversight Committee (QOC) as executive sponsor and oversees the Clinical Services  
 15 departments, which includes Clinical Quality Administration, Clinical Quality Evaluation,  
 16 and Health Services, which includes Health Services Research. The CHSO serves on the  
 17 Board of Directors (BOD). The CHSO oversees approval and adoption of the Clinical  
 18 Services Program (CS Program) and supporting policies regarding the operations,  
 19 outcomes, and quality improvement initiatives affected by or related to the CS Program. In  
 20 conjunction with Clinical Quality Evaluation (CQE) management staff and clinical quality  
 21 committees, the CHSO oversees CS Program implementation through the development of  
 22 key goals, oversight of clinical operations, ensuring timely completion of clinical services  
 23 activities and management of clinical decision-making. The CHSO supports the  
 24 development and implementation of the QI Program, QI Work Plan, and Annual QI  
 25 Evaluation, including development of key goals and quality strategies in conjunction with  
 26 senior management and ASH’s clinical committees. The integral role includes directing,  
 27 managing, and ensuring timely completion of clinical quality improvement activities  
 28 performed by the Health Services team. The CHSO is responsible for outcomes research  
 29 and evidence review activities in support of the development of clinical guidelines and  
 30 criteria that support ASH programs, including the CS Program. The CHSO has oversight  
 31 of the clinical quality sub-committees, the Quality Improvement Committee (QIC), and the  
 32 Practice Review Committee (PRC). The CHSO holds a current and unrestricted license to  
 33 practice in his/her respective healthcare field and meets ASH credentialing criteria.

34  
 35 The CHSO has the authority for ad hoc approval of policy on behalf of the QOC to meet  
 36 regulatory, accreditation, or client requirements when time constraints for filings or other  
 37 stakeholder expectations require rapid review and approval of policy. These ad hoc  
 38 approvals are reviewed and adopted by the QOC.

### 39 40 **Vice President, Clinical Services and Vice President, Rehab Services**

41 The Vice President, Clinical Services and the Vice President, Rehab Services, whose  
 42 oversight includes chiropractic, acupuncture, therapeutic massage, naturopathy and

1 rehabilitation services report to the BOD, by means of the CHSO, and are responsible for  
 2 the oversight of clinical operations, clinical staffing and training, and clinical decision-  
 3 making processes and procedures provided by the clinical review staff. The Vice President,  
 4 Clinical Services and the Vice President, Rehab Services hold a current and unrestricted  
 5 license to practice in his/her respective healthcare field and meets ASH credentialing  
 6 criteria.

7  
 8 Additional responsibilities include:

- 9 • Development and implementation of the CS Program;
- 10 • Oversight of the organization and management of the CS Program’s financial
- 11 viability, including the allocation of resources and staffing;
- 12 • Oversight of clinical services staff and practitioner educational activities;
- 13 • Oversight of the Clinical Services Investigation Team and Health and Safety
- 14 Investigation Team;
- 15 • Management of the clinical operational linkage between the corporate strategy and
- 16 the implementation of the CS Program;
- 17 • Deployment of corporate mission, development of vision, and strategic operational
- 18 plan to the CS Program;
- 19 • Development and implementation of clinical policy and guidelines, in conjunction
- 20 with the Clinical Quality Team (CQT) and the QIC;
- 21 • Voting member of the Corporate Compliance Committee (CCC);
- 22 • Voting member of the QIC (the Vice President, Clinical Services also serves as the
- 23 Co-Chairperson of QIC);
- 24 • Voting member of the QOC;
- 25 • Provision of adequate resources to support and oversee the development of quality
- 26 improvement activities related to the clinical services process;
- 27 • Analysis of the effectiveness of the CS Program; and
- 28 • Oversee the evaluation of consistency and quality audits in the medical necessity
- 29 review process at least semi-annually.

30  
 31 **Medical Director**

32 Medical Directors, report to either the Vice President, Clinical Services or the Vice  
 33 President, Health Services, and are responsible, as defined in applicable job descriptions,  
 34 for clinical operations, clinical staffing and training, and/or clinical decision-making  
 35 processes and procedures provided to the clinical review staff for specialties managed by  
 36 ASH. Medical Directors hold current and unrestricted licenses in the state of Arkansas to  
 37 practice in medicine (MD/DO) in a state, territory or commonwealth of the United States,  
 38 requisite certifications as required by state regulation(s) and meet ASH credentialing  
 39 criteria. A Medical Director provides medical direction of the health care activities and  
 40 consultation for and medical supervision of the clinical staff. A Medical Director is

1 involved in the implementation of protocols for the credentialing committee, protocols for  
 2 quality assurance and programs for continuing education for clinical staff.

3  
 4 Additional responsibilities include, as applicable:

- 5 • Oversight of medical necessity review including peer review and quality assurance  
 6 activities in accordance with accreditation and regulatory requirements;
- 7 • Examination and provision of direction regarding the identification and  
 8 management of clinical matters that require allopathic-specialty practitioner co-  
 9 management;
- 10 • Participates on quality oversight and peer review committees and supports clinical  
 11 decision making while participating in clinical committees as assigned;
- 12 • Provides management decision-making and participates in decision-making  
 13 regarding the clinical operational administration of the programs assigned;
- 14 • Collection of health care data;
- 15 • Supports the development of clinical practice guidelines, credentialing criteria, and  
 16 other clinical decision assist tools;
- 17 • Provides medical support to the development of clinical programs and serves on  
 18 project management teams by analyzing the outcomes of health care and  
 19 collaborating with operations and other administrative departments as assigned;
- 20 • Recommendations for remedial action;
- 21 • Identification, evaluation, intervention, and follow up of potential and actual  
 22 problems in healthcare administration and delivery to members; and
- 23 • Voting member of the (QOC responsible for review, approval, and adoption of  
 24 policies, including the CS Program, and other policy/operational documentation.

25  
 26 When a health plan has delegated clinical services to ASH, ASH’s clinical staff will  
 27 coordinate with the health plan’s Medical Director, as applicable, to monitor and oversee  
 28 the applicable clinical services functions as documented in the delegation agreement  
 29 between the health plan and ASH.

### 30 31 **Senior Management of Clinical Services Departments**

32 Senior management staff of the Clinical Services department report to the Vice President,  
 33 Clinical Services, the Vice President, Rehab Services or a Medical Director and maintain  
 34 active, current and unrestricted licenses, certifications, or registrations and meet ASH’s  
 35 credentialing criteria used for the applicable specialty.

36  
 37 Senior management staff of the Clinical Services department are available to staff on site  
 38 or by telephone and are responsible for clinical services activities, interaction with Medical  
 39 Necessity/Benefit Administration, and evaluation of clinical services appeals.

1 Additional responsibilities include:

- 2 • Development of processes to support and enhance clinical services;
- 3 • Coordination of clinical appeals with external clinical consultants and appropriate
- 4 peer review committees;
- 5 • Identification of practice patterns that may warrant inquiry letters or clinical
- 6 Corrective Action Plans (CAPs);
- 7 • Assisting with CAP compliance through educational activities;
- 8 • Providing input into the development and review of clinical service and practice
- 9 guidelines, decision-making criteria, outcome assessment tools, and clinical policy;
- 10 • Identification and development of educational topics and materials for distribution
- 11 and/or presentation to practitioners;
- 12 • Participation in clinical committees as assigned by the BOD;
- 13 • Participation in interdepartmental key process teams as assigned by the Vice
- 14 President, Clinical Services, the Vice President, Rehab Services or a Medical
- 15 Director;
- 16 • Support and implementation of quality improvement initiatives related to clinical
- 17 services;
- 18 • Resolution of clinical issues and oversight of the evaluation process of clinical
- 19 decision-making including monitoring documentation for adequacy and inter-rater
- 20 reliability for each level and type of clinical services (UM) decision;
- 21 • Clinical training and day to day supervision of clinical quality evaluators; and
- 22 • Evaluation of performance and counseling of staff.

### 23 Clinical Quality Evaluators

24 Clinical quality evaluators report to Clinical Services senior management staff. Clinical  
 25 quality evaluators maintain an active, current, and unrestricted license, registration, or  
 26 certification applicable to the medical necessity verification and other quality review work  
 27 they are assigned to perform. ASH staff will meet the credentialing criteria for the  
 28 applicable specialty. Their professional education, training, and experience are  
 29 commensurate with the clinical evaluations they conduct.

30  
 31  
 32 Written job descriptions for the clinical quality evaluators are maintained in personnel  
 33 records. Responsibilities include:

- 34 • Evaluation of the medical necessity of submitted treatment/services;
- 35 • Approval of medically necessary and appropriate treatments/services;
- 36 • Enhancement of continuity and coordination of services whenever possible;
- 37 • Recommendation of continuous quality improvement clinical services initiatives;
- 38 • Identification of quality of care or treatment/service concerns;
- 39 • Provision of outreach and education to practitioners as needed;
- 40 • Endorsement of the principles and procedures of clinical services and the DOL,
- 41 NCQA, URAC, and CMS standards;



- 1 • Provision of clinical opinions regarding the medical condition, procedures, and
- 2 treatment under review, as necessary; and
- 3 • Identification of psychosocial or other co-morbid conditions or the presence of
- 4 symptoms or conditions that suggest the need for redirection to or co-management
- 5 with a physician or other appropriate healthcare practitioner through the evaluation
- 6 of MNR Forms and medical records. When evidence of such a need is identified,
- 7 the clinical quality evaluator may, as appropriate, consult with the Senior
- 8 Management staff of the Clinical Services department and notify the practitioner to
- 9 facilitate coordination of care with other appropriate healthcare practitioners.

10  
11 All personnel that make medical necessity review decisions and those who supervise them  
12 are apprised that:

- 13 • No punitive action may be taken against a practitioner for supporting a member in
- 14 a standard or expedited appeal request;
- 15 • Medical necessity review decisions are based on an evaluation of submitted clinical
- 16 information and adopted clinical standards of practice, and is solely for the purpose
- 17 of determining whether the submitted services can be approved for benefit coverage
- 18 based on appropriateness and medical necessity;
- 19 • Clinical decisions made by clinical quality evaluators are non-discriminatory of any
- 20 personal characteristics of the practitioner or member;
- 21 • Clinical quality evaluators, practitioners, or other individuals who make medical
- 22 necessity review decisions are not rewarded for issuing denials of benefit coverage
- 23 for health care services; and
- 24 • Clinical quality evaluators are not eligible for, nor do they receive, financial
- 25 incentives that encourage or result in under-utilization; and their decisions to
- 26 withhold, delay, or not approve medically necessary treatment/services are not
- 27 connected to any bonus or incentive program.

### 29 **Medical Necessity/Benefit Administration Staff**

30 Medical Necessity/Benefit Administration (MNA) staff are responsible for coordinating  
31 the administrative management of the review process by entering administrative  
32 information into the clinical services database system, Integrated Health Information  
33 Systems (IHIS). MNA staff evaluate demographic and administrative compliance  
34 components of the MNR Form submission process. ASH clinical quality evaluators are  
35 available to MNA staff during this process. The MNA staff do not influence or make  
36 decisions regarding medical necessity of treatment/services or interpret clinical decisions,  
37 and ASH does not issue adverse benefit determinations of medical necessity based on  
38 administrative review of MNR Forms. The MNA Director is responsible for evaluating  
39 administrative data entry accuracy, in accordance with client and regulatory requirements  
40 and ASH policy and procedures.

1 Additional responsibilities include:

- 2 • Verification of member eligibility and benefit coverage;
- 3 • Verification that practitioners are credentialed and verification that providers are
- 4 contracted;
- 5 • Data entry of MNR Form information into IHIS;
- 6 • Coordination of evaluations with clinical quality evaluators and data entry of
- 7 clinical decisions into the database as necessary;
- 8 • Coordination of communication of decision responses to practitioners and
- 9 members; and
- 10 • Collection of member documentation for clinical quality evaluators as necessary to
- 11 evaluate member history and previous treatment.

12  
13 MNA staff receive training about data collection requirements and ensure data are entered  
14 in a timely manner. When MNA staff identify contractual, practitioner education,  
15 practitioner non-compliance, or administrative issues, the issues are communicated to the  
16 appropriate department for management. The MNA staff also receive training regarding  
17 external regulatory, accreditation, and client requirements affecting their position  
18 responsibilities.

19  
20 The Vice President, Clinical Services, the Vice President, Rehab Services and a Medical  
21 Director oversee the operational process via the MNA management staff of and, in  
22 collaboration with the Clinical Services team, oversee the interface between MNA staff  
23 and the Clinical Services department.

### 24 25 **Credentialed Practitioners**

26 Initial treatment/services may be available to members on a direct access basis, where  
27 allowed by state law and/or scope of practice regulations. However, health plan delegation  
28 agreements, benefit design, state mandates, and regulatory requirements may necessitate a  
29 referral. Members may change practitioners at any time. If the member requires more  
30 treatment/services than are available within the applicable tier level, an MNR Form must  
31 be submitted for verification of medical necessity of those additional treatment/services by  
32 a clinical quality evaluator. These requirements are detailed in the Operations Manual as  
33 part of the services agreement and client summaries.

34  
35 Practitioners submit information that is necessary to evaluate and verify the medical  
36 necessity of submitted treatment/services to MNA within submission time frames.  
37 Required information is limited to only that necessary to identify the member and  
38 practitioner and to conduct the clinical review. This includes:

- 39 • Patient information: name, address, telephone number, date of birth, sex, member
- 40 ID number, plan ID number, and subjective complaint(s);

- 1 • Member information (if different from patient information): name, employee ID  
2 number, relationship to patient, employer, group number, and other coverage  
3 available;
- 4 • Attending practitioner information: name, address, telephone number, fax number,  
5 degree/license/certification/registration, Tax ID number or National Provider  
6 Identifier (NPI);
- 7 • Appropriate clinical information: diagnoses, examination/assessment findings,  
8 symptoms, type of treatment/services submitted or provided, duration of  
9 treatment/services submitted or provided, number of treatment/services submitted  
10 or provided, supports and appliance(s) (if applicable), rationale for initiation or  
11 continuation of care, measurable outcome of care information, discharge plan  
12 (anticipated release date); and coordination of care or referral; and
- 13 • History and clinical evaluation findings sufficient to substantiate the diagnoses (if  
14 applicable) and support the level of treatment/services submitted or provided.

## 15 **COMMUNICATION SERVICES**

### 16 **Availability During Business Hours**

17 Customer Service representatives are available by fax, electronic, or telephonic  
18 communications, including voicemail, from 5:00 a.m. to 8:00 p.m. PT during normal  
19 business days to respond to inquiries from members, practitioners, and/or facility  
20 personnel. Such inquiries may include general clinical services administrative questions  
21 and requests for information regarding specific medical necessity review requirements and  
22 procedures. Customer Service representatives document inbound communications and  
23 their response in the ASH proprietary communication log. Customer Service  
24 representatives may refer specific inbound clinical services communications to Medical  
25 Necessity/Benefit Administration (MNA) staff or clinical quality evaluators, as  
26 appropriate.  
27

28  
29 MNA staff and clinical quality evaluators are available at least eight (8) hours a day during  
30 normal business hours to receive inbound and perform outbound communication regarding  
31 clinical services issues. MNA staff and clinical quality evaluators provide telephone and  
32 fax numbers and/or secure electronic access to practitioners for inbound communication.

- 33 • Outbound communications may include directly speaking with practitioners and  
34 members or fax, electronic, or other telephonic communications, including secure  
35 electronic mailbox and voicemail;
- 36 • Staff identifies themselves by name, title, corporate name, as well as providing  
37 ASH's Utilization Review Certification Number 0336 when initiating or returning  
38 calls regarding clinical services issues; and
- 39 • Inquiries and responses are documented in the ASH proprietary communication  
40 log. ASH provides a toll-free number for calls regarding clinical services issues and  
41 the ability to speak to a clinical quality evaluator.

1 Communications received after normal business hours are returned on the next business  
 2 day and communications received after midnight on weekdays (Monday – Friday) are  
 3 responded to on the same business day.

4  
 5 Inbound and outbound telephone calls may be monitored or recorded for quality assurance  
 6 purposes.

7  
 8 **Availability Outside Normal Business Hours**

9 ASH provides a toll-free number and e-mail address for communications regarding clinical  
 10 services issues. Customer Service, MNA, and clinical quality evaluators retrieve or respond  
 11 to all routine, non-urgent messages no later than the next business day.

12  
 13 A contracted answering service screens after-hours calls. If a member or practitioner states  
 14 the issue is urgent, ASH’s “on call” Customer Service supervisor is contacted. The “on  
 15 call” supervisor returns the member’s or practitioner’s call and provides assistance. If the  
 16 issue is of an urgent clinical nature, an ASH senior clinician is contacted immediately and  
 17 notified of the issue for resolution. The member or practitioner call and resolution are  
 18 documented in the ASH proprietary communication log the next business day.

19  
 20 Capacity of voicemail service, answering machine, or e-mailbox is monitored and adjusted  
 21 as needed to accept the volume of incoming communications.

22  
 23 **Disclosure Regarding Access to Clinical Services**

24 Information regarding the process for accessing clinical services is disclosed in member  
 25 and practitioner materials and includes:

- 26 • Normal business hours of operation for the Customer Service, MNA, and Clinical  
 27 Quality Evaluation (CQE) departments;
- 28 • ASH’s toll-free number(s) as appropriate for clinical services inquires; and
- 29 • Information regarding the after normal business hours communication process.

30  
 31 **Member Assistance**

32 ASH ensures that members have access to a representative by providing assistance to those  
 33 with limited English proficiency or with a visual or other communicative impairment. ASH  
 34 maintains a toll-free telephone number answered by representatives who are trained to  
 35 facilitate interpretation services. ASH representatives have access to a language line that  
 36 offers over-the-phone interpretation from English into more than 200 languages. When a  
 37 representative identifies a need for language assistance, a three-way call to the interpreter  
 38 is usually initiated within 60 seconds or less. ASH is also prepared to receive TDD calls  
 39 from members with communicative impairments.

## 1 APPLICATION OF STANDARDIZED CLINICAL GUIDELINES

2 In an effort to assist in the management of a positive clinical outcome and provide fairness  
3 and consistency, clinical guidelines are developed and adopted with involvement of  
4 appropriate, actively practicing practitioners with current knowledge for criteria  
5 applicability. Practitioners may also be employees of in- network providers. Actively  
6 practicing practitioners also have the opportunity to comment on the instructions for  
7 applying the evidence-based criteria. Clinical services decisions are based on clinical  
8 guidelines that:

- 9 • Reflect sound clinical evidence;
- 10 • Are developed from an evaluation of current applicable scientific literature;
- 11 • Represent consensus of committees comprised of credentialed practitioners;
- 12 • Incorporate expert opinion, when applicable; and
- 13 • Allow for modification secondary to consideration of the individual needs of the  
14 member and characteristics of the local delivery system.

15  
16 Criteria based on individual contributing factors such as age, co-morbidities,  
17 complications, and clinical progress are applied when making individual clinical services  
18 decisions.

19  
20 Clinical decision-making guidelines are evaluated annually and updated when appropriate.  
21 Guidelines may be reviewed by clinical committees and modified any time there is new  
22 clinical evidence that changes the clinical opinion regarding a given disease, condition, or  
23 procedure. The Clinical Quality Team (CQT) is an internal workgroup that provides  
24 research and recommendations for clinical decision-making guidelines development and  
25 criteria for appropriateness of utilization. Clinical decision-making guidelines are reviewed  
26 and approved by the Quality Improvement Committee (QIC) and the Quality Oversight  
27 Committee (QOC) on behalf of the Board of Directors (BOD) prior to implementation.

28  
29 Clinical quality evaluators are provided with clinical decision-making guidelines and  
30 receive training in the application of the criteria. These guidelines enable clinical quality  
31 evaluators to evaluate the medical necessity of diagnostic procedures and therapeutic  
32 interventions submitted by practitioners or provided to members. Clinical guidelines and  
33 revisions are made available on the ASH public website, through a secured practitioner  
34 website, or provided to all practitioners, as applicable.

35  
36 Members and the public may request (free of charge) these clinical decision-making  
37 guidelines by contacting Customer Service. The following disclosure statement will be  
38 included in the cover letter to the requesting individual: “The materials provided are  
39 guidelines used by ASH to verify the medical necessity of treatment/services for persons  
40 with similar illnesses or conditions. Specific care and treatment may vary depending on  
41 individual need and the benefits covered by your contract.” The clinical guidelines are also  
42 available on the ASH public website.

1 When used as clinical adverse benefit determination criteria, clinical guidelines may be  
 2 shared with practitioners or members to explain the rationale for the adverse benefit  
 3 determination of a given treatment/service. It is the responsibility of the clinical quality  
 4 evaluator to apply his/her clinical expertise when using these guidelines as individual  
 5 findings such as severity factors or co-morbidities may influence medical necessity  
 6 decisions.

7  
 8 An executive summary of the Clinical Services Program (CS Program) is available on the  
 9 ASH public website. Members and the public may also request a copy of the process by  
 10 which ASH verifies the medical necessity of submitted treatment/services by contacting  
 11 ASH by telephone, fax, or email. The contact information for each method is also on the  
 12 ASH public website.

### 13 14 **MEDICAL NECESSITY REVIEW**

15 Medical necessity review decisions are made by peer clinical quality evaluators and, where  
 16 applicable, Board Certified consultants. Clinical quality evaluators maintain an active,  
 17 unrestricted license, certificate, or registration in their specialty in a state or territory of the  
 18 United States, with professional education, training, and experience commensurate with  
 19 the medical necessity reviews they conduct. Unless otherwise expressly allowed by state  
 20 or federal laws or regulations, clinical quality evaluators are located in a state or territory  
 21 of the United States when evaluating a medical necessity review determination. Decisions  
 22 include approval or denial for benefit coverage of services based on an evaluation and  
 23 verification of medical necessity, assessment of quality of care, coordination and provision  
 24 of alternate levels of care, and evaluation of appropriate levels of care.

25  
 26 A medical physician conducts medical necessity review of physical medicine therapy  
 27 services (PT, OT, ST) when the referring provider and/or patient requests that a physician  
 28 conduct the review. In addition, a medical physician conducts the medical necessity review  
 29 of physical medicine therapy services when a patient's response to treatment requires  
 30 physician intervention as indicated by medical or scientific evidence or clinical practice  
 31 guidelines, such as when a patient:

- 32 • Has an adverse reaction to the treatment; or
- 33 • Is not responding to treatment (failure to progress); or
- 34 • Regresses to an earlier level of functioning or disease state (i.e., morbidity  
 35 increases).

36  
 37 Pre-service medical necessity review decisions are made based solely on the information  
 38 available to the practitioner and communicated to ASH at the time that clinical care was  
 39 requested.

1 Concurrent/post-service medical necessity review decisions are made based solely on the  
 2 information available to the practitioner and communicated to ASH at the time that clinical  
 3 care was provided.

4  
 5 Denial decisions may be overturned when the practitioner submits additional clinical  
 6 information not available to the clinical reviewer at the time of the initial decision. ASH  
 7 encourages peer to peer conversations when appropriate regarding medical necessity  
 8 determinations.

9  
 10 ASH will not revoke, limit, or constrict an authorization for a period of 45 business days  
 11 from the date of authorization. Any correspondence or contact by ASH that denies or  
 12 attempts to disclaim or deny payment for services that have been authorized within the 45  
 13 business day period is void.

14  
 15 Approval decisions may only be reversed when additional information related to member  
 16 eligibility and/or benefit information is received and is either materially different from that,  
 17 which was reasonably available at the time of the original decision, or is a result of fraud,  
 18 or was submitted erroneously. In the case of a reversal, ASH would continue to provide  
 19 coverage and make payment for the currently approved ongoing course of treatment while  
 20 an internal appeal is under review.

21  
 22 Members and practitioners are notified, as applicable, of service evaluation decisions  
 23 within time frames specified in the *Medical Necessity Review – Arkansas (AR UM 2 – S)*  
 24 policy.

25  
 26 For information on urgent/emergent services please see the *Urgent/Emergent Services –*  
 27 *Arkansas (AR (UM 13 – S)* policy.

28  
 29 ASH does not conduct on-site (facility-based) medical necessity reviews.

30  
 31 **Pre-Service Review**

32 All treatment/services submitted by the practitioner for verification of medical necessity  
 33 that are submitted prior to the provision of treatment/services or after treatment/services  
 34 were initiated but before the ending date of service (DOS) are managed under the definition  
 35 of pre-service review.

36  
 37 **Concurrent Review**

38 Concurrent reviews are typically associated with inpatient care or ongoing ambulatory  
 39 care. A concurrent review decision is any review for an extension of a previously approved  
 40 ongoing course of treatment over a period of time or number of treatments. A request to  
 41 extend a course of treatment beyond the period of time or number of treatments previously  
 42 approved by ASH is handled as a new request and decided within the time frame

1 appropriate to the type of decision (i.e., non-urgent pre-service, urgent pre-service or post-  
2 service).

3  
4 **Post-Service Review**

5 All treatment/services submitted after the ending date of service (DOS) for verification of  
6 medical necessity are managed under the definition of post-service review.

7  
8 **Urgent/Emergent Service Review**

9 Urgent services are requests for healthcare services or treatments that require an expedited  
10 review and medical necessity determination because the time period allowed for non-  
11 urgent care determination is too lengthy and could present a health and safety issue.

12  
13 Emergency services provided by a non-credentialed practitioner will not have restrictions  
14 greater than those placed on credentialed practitioners.

15  
16 **Approval Decisions and Adverse Benefit Determinations**

17 Only a clinical quality evaluator who holds a current license/certification/registration to  
18 practice without restriction and is successfully credentialed may verify medical necessity  
19 of submitted treatment/services.

20  
21 **Requests for Additional Information**

22 If MNR Forms are submitted without the necessary clinical or administrative information,  
23 clinical quality evaluators or MNA staff attempt to obtain the missing information by  
24 calling the practitioner. If ASH is unable to make a determination due to missing necessary  
25 information, the time period for making the decision may be suspended according to the  
26 time frames specified in the *Medical Necessity Review – Arkansas (AR UM 2 – S)* policy.

27  
28 **Second Opinions**

29 As members have the right to change practitioners at any time, a member may seek a  
30 second opinion by seeing another credentialed practitioner in the member’s service area.  
31 The credentialed practitioner consulted for the second opinion will comply with the  
32 conditions referenced in services agreements.

33  
34 **Reopen (Peer-to-Peer Conversation)**

35 ASH providers/credentialed practitioners may submit information in support of a reopen if  
36 one or more treatment/services previously submitted resulted in an adverse benefit  
37 determination due to a failure to provide sufficient supporting documentation.

38  
39 **Additional Service Requests (Modifications)**

40 ASH providers/credentialed practitioners may request a modification of an approved  
41 course of care to request additional treatment/services beyond those already submitted for  
42 verification of medical necessity for the episode of care (e.g., x-rays,



1 procedures/modalities, and office visits) or to request a modification to the time period  
2 already submitted for the delivery of treatment/services.

### 4 **COORDINATION OF CARE**

5 During the clinical quality evaluators' evaluation of member and clinical information  
6 submitted on MNR Forms to verify the medical necessity of submitted treatment/services,  
7 the clinical quality evaluators also review for appropriate coordination of care. This may  
8 include referral information, contraindications to care, and/or communication with the  
9 member's physician or other health care practitioners, as applicable. Should coordination  
10 with or without referral to another health care practitioner be indicated, and no evidence of  
11 coordination of care is documented in the MNR Form or the medical records submitted,  
12 the clinical quality evaluator will take the appropriate steps to ensure patient safety and  
13 optimum outcomes of care. Options available to the clinical quality evaluator include, but  
14 are not limited to, contacting the practitioner to ensure coordination has occurred, notifying  
15 the practitioner in an MNR Form that coordination of care appears indicated, and/or taking  
16 no action if the coordination appears beneficial, but would have no direct impact on patient  
17 safety or clinical outcomes. ASH encourages interprofessional communication between its  
18 credentialed practitioners and the member's physician or other health care practitioners, as  
19 applicable.

### 21 **CLINICAL SERVICES INVESTIGATION TEAM**

22 The Clinical Services Investigation Team (CSIT) facilitates the identification and  
23 investigation of potential utilization and quality issues.

24  
25 The primary function of the CSIT is the identification of instances or patterns of  
26 practitioner behavior that may fail to meet professionally recognized standards of practice  
27 or are non-compliant with the clinical services process and the investigation of these  
28 potential clinical services alerts. In addition to this function, the CSIT investigates potential  
29 issues related to utilization of services, facilitates routine medical records evaluations, and  
30 assists peer review committees in drafting and monitoring Corrective Action Plans (CAPs).  
31 [See the applicable *Clinical Services Alerts, Clinical Performance Alerts, and Corrective*  
32 *Action Plans (Practitioner/Provider Clinical Issues) (QM 2 – S)* policy for additional  
33 information.]

34  
35 A list of clinical indicator codes is provided to each clinical quality evaluator. If during the  
36 verification of medical necessity, a clinical quality evaluator identifies a potential clinical  
37 services alert issue or notes a pattern of submissions that suggests that the member is  
38 receiving unsupported care that is not medically necessary, the MNR Form number,  
39 practitioner name, member name, and clinical indicator are entered into the CSIT database.

40  
41 The CSIT reviews entered data and, when appropriate, initiates an investigation of the  
42 issue. This investigation may include a request for medical records, x-rays, or other clinical

1 documentation and may result in the need for no further action, an education letter, an  
 2 inquiry letter, or a clinical services alert reported to the Practice Review Committee (PRC)  
 3 for determination of further action.

4  
 5 In addition, when medical records are received from a practitioner as part of clinical  
 6 services, quality management, appeals, grievances, or other processes, the records are  
 7 subjected to the standard medical records documentation evaluation process and, if issues  
 8 are identified that may warrant an investigation or an education letter, a copy of the records  
 9 is forwarded to the CSIT to determine if further action is necessary. Results of medical  
 10 records evaluations are reported to the PRC as necessary.

11  
 12 If the CSIT identifies an apparently egregious health and safety issue that cannot be  
 13 resolved by Health and Safety Investigation Team (HSIT) protocols (see below), the issue  
 14 is presented to the Chief Health Services Officer (CHSO) or designee for immediate review  
 15 and recommended action.

16  
 17 If a CAP is issued by the PRC or the CHSO, the provider/practitioner is given a detailed  
 18 summary of the issue. The CAP may also include educational materials and/or a  
 19 requirement for the provider/practitioner to complete a remedial education course specified  
 20 by the PRC or the CHSO, if applicable. The PRC determines any applicable timeline for  
 21 follow-up on the identified issue; the CSIT may request medical records and/or x-rays, as  
 22 necessary to perform the follow-up activities recommended. CAPs are tracked and trended,  
 23 as well as reviewed at the time the practitioner is recredentialed.

## 24 **HEALTH AND SAFETY INVESTIGATION TEAM**

25  
 26 The Health and Safety Investigation Team (HSIT) operates as a cross-functional team  
 27 within the Clinical Quality Evaluation (CQE) and the Clinical Quality Administration  
 28 (CQA) processes. The HSIT identifies potential health and safety issues where  
 29 documentation for treatment/services submitted by the practitioner indicates the possibility  
 30 of an underlying condition that may require further investigation and/or referral for co-  
 31 management or alternate management. The HSIT manages these cases to resolution. In  
 32 addition, the HSIT investigates issues related to child and elder abuse and/or neglect. ASH  
 33 has implemented protocols for managing cases involving abuse and/or neglect in  
 34 compliance with state laws and regulations. HSIT activities are tracked through ASH's  
 35 information systems and aggregate data is reported to the Quality Improvement Committee  
 36 (QIC) and the Quality Oversight Committee (QOC) on a quarterly basis in the clinical  
 37 performance management report. Analysis of results is trended to identify potential  
 38 opportunities for improvement relating to health and safety. The Vice President, Clinical  
 39 Services, the Vice President, Rehab Services and a Medical Director advise the HSIT, as  
 40 needed.

1 If the HSIT identifies an apparently egregious health and safety issue that cannot be  
 2 resolved by standard HSIT protocols, the issue is presented to the CHSO or designee for  
 3 immediate review and recommended action. [See the applicable *Clinical Services Alerts,*  
 4 *Clinical Performance Alerts, and Corrective Action Plans (Practitioner/Provider Clinical*  
 5 *Issues) (QM 2 – S)* policy for additional information regarding Alerts and CAPS; and the  
 6 *Practitioner Clinical Denials, Terminations, and Appeals (CR 3 – S)* policy regarding  
 7 practitioner terminations or dec credentialing.]  
 8

### 9 **EVALUATION OF NEW TECHNOLOGIES**

10 The Clinical Quality Team (CQT), in conjunction with the Evidence Evaluation Committee  
 11 (EEC) and the Quality Improvement Committee (QIC), are responsible for evaluating new  
 12 clinical technologies used in practice and new application of existing technologies and  
 13 whether to recommend the new technology or new application as an appropriate addition  
 14 to the benefit package. Committee members assist in the evaluation of information obtained  
 15 from appropriate government regulatory bodies and published scientific evidence. Input is  
 16 solicited from relevant specialists and professionals who have expertise in the technology.  
 17 Decision variables considered include health risks, improvements in health outcomes,  
 18 and/or improved health benefits as compared to existing covered technology.  
 19

20 Any benefit change related to clinical procedures and new technologies will be evaluated  
 21 and approved by the Quality Oversight Committee (QOC) and the Board of Directors  
 22 (BOD). ASH will communicate with contracted clients, as stipulated by delegation  
 23 agreements, prior to implementation of any changes in benefit related to clinical procedures  
 24 and new technologies to ensure a mutually agreeable determination. The clinical  
 25 procedures and new technologies, that, in the opinion of ASH clinical committees/teams,  
 26 are not clinically effective and/or do not have an improved health benefit over existing  
 27 technology may not be recommended for addition to the benefit package.  
 28

### 29 **CLINICAL SERVICES PROGRAM MONITORING**

30 Ongoing monitoring of the Clinical Service Program (CS Program) is conducted through  
 31 evaluation of Performance Standards reports, Clinical Performance reports, and the Annual  
 32 QI Evaluation. Monitoring activities may be specific to administrative processes, clinical  
 33 practices, providers, practitioners, members, populations, or product lines. Quality  
 34 Improvement initiatives may be recommended to eliminate deficiencies and enhance  
 35 outcomes related to clinical services activities. These reports are presented to the Quality  
 36 Oversight Committee quarterly and, once approved, are provided to external customers  
 37 according to contract and/or delegation agreements. Areas evaluated may include but are  
 38 not limited to:

- 39 • Member visits and services rendered;
- 40 • Average radiology service approvals per member;
- 41 • Average number of exams/evaluations per patient, dates of service or interventions
- 42 approved/utilized per member per condition;

- 1 • Clinical appeals from members, providers and practitioners;
- 2 • Distribution of diagnosis codes by category/specialty;
- 3 • Adverse outcome indicators;
- 4 • Member grievances;
- 5 • Clinical services alert and clinical performance alert clinical indicators;
- 6 • Number of service approvals and adverse benefit determinations rendered;
- 7 • Clinical services decision profile (MNR codes);
- 8 • Access and availability of clinical services; and
- 9 • Clinical services profile (evaluations, clerical error rates, clinical consistency, and
- 10 education program).

### 11 **Patient and Practitioner Satisfaction**

12 In an effort to assess patient and practitioner satisfaction, a statistically significant  
 13 representation of practitioner and patient populations is surveyed annually. The following  
 14 elements are included in the satisfaction evaluation:

- 15 • Medical necessity review processes;
- 16 • Quality of care and member services;
- 17 • Identified sources of dissatisfaction; and
- 18 • Practitioner accessibility and availability.

19  
 20  
 21 Barriers to care, potential problems, and opportunities for improvement identified from  
 22 information gathered about satisfaction with the clinical services process are assessed on  
 23 an ongoing basis and reported at least annually to the Quality Improvement Committee  
 24 (QIC), the Corporate Compliance Committee (CCC), and the Quality Oversight Committee  
 25 (QOC) for analysis. Where opportunities for improvement are identified, action is taken in  
 26 an effort to meet satisfaction goals and member and practitioner expectations. The annual  
 27 survey is compared to survey results from previous years to assess trends and assist in  
 28 evaluating improvements and opportunities.

### 29 **Over-Utilization and Under-Utilization**

30 Over-utilization and under-utilization are monitored daily by clinical quality evaluators.  
 31 Utilization patterns are evaluated to identify issues of concern that may affect clinical  
 32 outcomes. Practitioner specific or aggregate data analysis and clinical performance  
 33 monitoring are used to educate practitioners whose utilization patterns indicate over-  
 34 utilization or under-utilization. Practitioners who consistently demonstrate behavior  
 35 patterns inconsistent with professionally recognized standards and approved policy are  
 36 identified through a clinical services alert and are evaluated by the PRC. Intervention such  
 37 as practitioner education or Corrective Action Plans (CAPs) may be implemented,  
 38 monitored, and measured when appropriate. These clinical services indicators are included  
 39 in the quarterly Performance Standards reports.  
 40

1 Clinical quality evaluators are aware of the potential health risks of under-utilization.  
2 Clinical quality evaluation management decision-making is based on appropriateness of  
3 care and service and existence of coverage only. There are no financial incentives paid to  
4 clinical quality evaluators that encourage decisions resulting in under-utilization.

5  
6 Providers/practitioners are paid on a contracted fee-for-service basis and do not receive  
7 financial incentives that result in under-utilization.

8  
9 **MONITORING CONSISTENCY OF APPLYING MEDICAL NECESSITY**  
10 **REVIEW (MNR) CRITERIA AND THE EVALUATION OF INTER-RATER**  
11 **RELIABILITY (IRR)**

12 Evaluating the consistency in clinical quality evaluation management decisions and the  
13 evaluation of proper application of MNR criteria through inter-rater reliability analysis and  
14 random medical necessity review audits ensures that medical necessity review decisions  
15 are consistent, fair and adhere to decision-making guidelines. The following two (2) – step  
16 IRR process accomplishes these goals and is compliant with all applicable accreditation,  
17 state and federal regulatory requirements.

18  
19 **Step #1:** Specifically Developed (hypothetical) Clinical Services (UM) - test cases. Annual  
20 testing is conducted of all applicable clinical quality evaluators within a specific specialty  
21 type, using identical cases, for specialties with > 2 clinical quality evaluators and when  
22 ASH has active business in this specialty type. Specifically developed clinical services  
23 (UM) test cases, for each specialty tested, are developed from a variety of conditions  
24 typically encountered during the MNR process. Test responses to targeted items such as  
25 communication of rationale, approval/denial of services, recognition of cases with co-  
26 morbid conditions/co-management requirements, and contraindications to services.

27  
28 **Step #2:** Random or “real time” medical necessity determination audits are conducted  
29 annually to ensure that medical necessity determinations are accurate, appropriate, and  
30 consistent with ASH Clinical Practice Guidelines or other valid guidelines, as applicable.

31  
32 ASH evaluates the consistency with which ASH clinical quality evaluators involved in  
33 rendering MNR determinations apply guidelines in decision making and acts on  
34 opportunities to improve consistency, if applicable. Each audited case is assessed for the  
35 consistency with which the reviewer applies ASH established Clinical Practice Guidelines,  
36 other appropriate guidelines, the appropriateness of all determinations and the  
37 communication of rationale, if applicable. Unsupported determinations, inappropriate  
38 communication of rationale and opportunities for individual and/or process improvement  
39 are noted and communicated to the clinical reviewer(s) and other ASH staff, as appropriate.

40  
41 Specialty and individual clinical quality evaluator results of both processes are provided,  
42 by the auditor of each specialty, to appropriate ASH clinical leadership. Specialty-wide

1 results are tabulated and trended to identify opportunities for improvement, including  
 2 development of additional clinical guidelines and/or development of consensus related to  
 3 existing guidelines. Individual results are tabulated and trended in order to identify  
 4 opportunities for improvement related to errors in the application of existing guidelines.  
 5 As needed, corrective actions are implemented to improve process or individual  
 6 performance. Specialty results are also reported through ASH Clinical Performance  
 7 Management (CPM), the California Health Plan Assessment (CAHPA) reports, as  
 8 applicable, and presented to ASH Specialty Network Quality Improvement Committee  
 9 (QIC).

10  
 11 Staff clinicians attend Continuing Education lectures to reinforce their clinical knowledge  
 12 base and remain current with emerging technologies and evolving standards of practice.  
 13 Staff clinicians also review assigned articles from peer reviewed journals or other  
 14 appropriate sources germane to MNR activities and evidence-based practices. Clinical  
 15 quality evaluators are tested on the information contained in selected evidence-based  
 16 sources.

## 17 **CLINICAL COMMITTEE STRUCTURE**

18  
 19 The clinical committee structure and membership are identified in the committee charters  
 20 for the Practice Review Committee (PRC) and the Quality Improvement Committee (QIC).  
 21 Each charter for these committees contains detailed information such as chairperson,  
 22 voting membership, functions, meeting frequency, quorum, staff participation, and  
 23 reporting structure.

### 24 **Practice Review Committee**

#### 25 **Functions**

26  
 27 The PRC is primarily responsible for the following functions:

- 28 • Provide peer review functions for clinical practice review, quality assurance and  
 29 medical necessity review, and clinical performance review;
- 30 • Review and approve clinical policy related to clinical practice review;
- 31 • Review and approve the Clinical Performance Systems quantitative and qualitative  
 32 measures;
- 33 • Review Clinical Service and Clinical Performance Alerts and determines necessary  
 34 action;
- 35 • Perform initial credentialing and re-credentialing review and determines  
 36 participation;
- 37 • Review and make recommendations regarding quality of care grievances;
- 38 • Issue and monitor Clinical Corrective Action Plans and Sanctions;
- 39 • Issue Clinical Quality Termination and de-credentialing decisions;
- 40 • Report practitioners to applicable agencies as appropriate (e.g., State Examining  
 41 Boards, NPDB);

- 1 • Provide recommendations for quality improvement activities; and
- 2 • Provide reports to Chief Health Services Officer (CHSO)/QIC and, as appropriate,
- 3 recommendations to the Quality Oversight Committee (QOC) with regard to
- 4 clinical quality, quality assurance, or quality improvement activities.

## 5 Quality Improvement Committee

### 6 **Functions**

7 The QIC is primarily responsible for the following functions:

- 8 • Peer review for initial credentialing practitioner denial appeals;
- 9 • Peer review for Practitioner Clinical Termination and de-credentialing Appeals –
- 10 1<sup>st</sup> level;
- 11 • Peer review for Clinical Performance Tier appeals;
- 12 • Peer review for medical necessity review appeals – 3rd level;
- 13 • Review and approve of clinical policy and clinical practice guidelines;
- 14 • Review Clinical Quality Administration (CQA) and Board of Directors (BOD)
- 15 reports of immediate terminations and de-credentialing;
- 16 • Provide reports to the BOD and, as appropriate, the QOC with regard to clinical
- 17 quality, quality assurance, or quality improvement activities which may include but
- 18 are not limited to:
- 19 ○ Clinical Performance reports;
- 20 ○ Quality Improvement studies;
- 21 ○ Clinical elements of Annual QI Work Plan;
- 22 ○ Clinical elements of Annual QI Evaluation;
- 23 ○ Practitioner and Member Satisfaction Survey results;
- 24 ○ Quality audits;
- 25 ○ Clinical Services Investigation Team (CSIT) reports;
- 26 ○ Inter-Rater Reliability (IRR) audits;
- 27 ○ Clinical Performance Reports;
- 28 ○ Aggregate outcomes of peer review decisions; and
- 29 ○ Delegation oversight reports.
- 30

### 31 Chairperson Responsibilities

32 The committee chairperson or official designee is responsible for effective meeting

33 management, priority setting for agenda items, approval of guest attendance, signing

34 approved documents as applicable on behalf of the committee, ensuring committee tasks

35 are completed in a timely manner, calling for votes, following up on issues identified by

36 the committee, ensuring that accurate meeting minutes are maintained, and reporting to

37 supervisory committees.

38

### 39 Meeting Minutes

40 Committee meeting minutes are taken contemporaneously, dated, and signed by the

41 chairperson and in some instances, recording secretary. Confidentially maintained minutes

42

1 reflect all committee business, including key discussions, recommendations, decisions,  
2 actions, review and evaluation of activities, and evaluation of policies. Minutes also include  
3 actions instituted by the committee, including appropriate follow up, evaluation of  
4 documents, and active practitioner participation. Subcommittee reports are evaluated on a  
5 regular basis, when applicable.

6  
7 Minutes are reviewed and approved by vote of the appropriate committee in a timely  
8 manner, with best effort made to finalize at the next scheduled meeting. All agendas,  
9 minutes, reports, and documents presented to committees are maintained in a confidential  
10 electronic format and are available upon request, as appropriate.

11  
12 **Term of Membership**

13 The BOD appoints committee chairpersons and annually approves committee charters and  
14 membership. Each member serves at the request of the BOD and may be removed at any  
15 time. All employees are bound by the company confidentiality policy. External committee  
16 members must sign an annual confidentiality statement. Credentialed practitioners may not  
17 currently serve on committees if they are a principal owner, board member, consultant,  
18 clinical quality evaluator, or committee member of another managed care organization or  
19 independent practitioner association. All members are required to disclose in writing any  
20 potential conflicts of interest that may arise during the course of their service on the  
21 committee. Committee members may not copy or distribute any documents without the  
22 expressed written consent of the committee chairperson.

23  
24 **Urgent Issues Between Meetings**

25 Ad hoc meetings may be called when pressing issues require immediate resolution. The  
26 committee chair reports the issue and resolution to the committee at the next meeting.  
27 Committee members may also be reached via teleconference, fax, and/or e-mail when  
28 committee input is necessary. The unanimous written consent process may be used when  
29 members are unavailable for a meeting.

30  
31 **Guest Attendance at Committee Meetings**

32 Health plan representatives and other guests may attend committee meetings with  
33 permission of the President/Chief Operations Officer and/or committee chair. All non-staff  
34 guests sign a confidentiality statement for each meeting attended. Guests may only attend  
35 portions of the committee meeting pertinent to their business issues.

36  
37 **HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT**  
38 **(HIPAA)**

39 ASH strives to comply with all applicable HIPAA requirements and maintains policies  
40 relating to HIPAA compliance. All HIPAA-related policies are posted and accessible to all  
41 employees for review on the ASH Intranet site. Ongoing mandatory educational seminars  
42 are afforded to staff.



1 **CONFIDENTIALITY**

2 ASH defines confidential information as non-public, proprietary information. The  
3 guidelines established in the *Confidentiality (QM 8 – S)* policy are followed to ensure this  
4 information is held in strict confidence, to safeguard the information received, and to protect  
5 against defacement, tampering, or use by unauthorized persons or for unauthorized  
6 purposes.

7  
8 **DELEGATION OF CLINICAL SERVICES**

9 If clinical services activities are delegated to contractors, there is a documented oversight  
10 and evaluation process of these activities, including the exercise of oversight of delegated  
11 or subcontracted functions in accordance with DOL, URAC, NCQA, and health plan  
12 medical necessity review standards. For example, a mutually agreed upon description of  
13 the delegated Clinical Services Program (CS Program) includes:

- 14 • Clinical services activities for which each party is responsible;
- 15 • Delegated activities;
- 16 • Reporting requirements (including frequency);
- 17 • Evaluation process of the contractor’s performance;
- 18 • Approval of the delegated contractor’s CS Programs;
- 19 • The process for providing member experience and clinical performance data to its  
20 delegates when requested;
- 21 • The delegate’s clinical services (UM) system security controls in place to protect  
22 data from unauthorized modification;
- 23 • How the delegate monitors its clinical services (UM) denial and appeal system  
24 security controls at least annually;
- 25 • How ASH monitors the delegate’s clinical services (UM) denial and appeal system  
26 security controls at least annually; and
- 27 • The remedies, including revocation of the delegation, if the contractor does not  
28 fulfill its obligations.

29  
30 Evidence shows that:

- 31 • The contractor’s capacity to perform the delegated activities prior to delegation is  
32 evaluated;
- 33 • The delegated contractor’s CS Program is approved at least annually;
- 34 • Regular reports as specified in the delegation agreement are reviewed and approved  
35 according to the report submission and frequency of reporting specified; and
- 36 • The delegated activities are evaluated annually to ensure they are being conducted  
37 in accordance with established ASH policy and expectations, applicable  
38 accreditation standards (URAC and NCQA), as well as applicable state and federal  
39 laws and regulations.

1 For delegates that store, create, modify or use clinical services (UM) denial or appeal data  
2 for ASH:

- 3 • ASH will annually monitor the delegate’s clinical services (UM) denial and appeal  
4 system security controls in place to protect data from unauthorized modification;
- 5 • ASH will ensure that the delegate annually monitors its adherence to the delegation  
6 agreement or its own policies and procedures;
- 7 • ASH will review and document all modifications made by the delegate that did not  
8 meet the modification criteria allowed by the delegation agreement or by the  
9 delegates’ policies and procedures; and
- 10 • ASH will audit only if the delegate does not use a clinical services (UM) system  
11 that can identify all noncompliant modifications, in which case, ASH will identify  
12 and document:
  - 13 ○ The staff roles or department involved in the audit.
  - 14 ○ All UM date modifications, but may use sampling to identify potential  
15 noncompliant changes for the audit (5 percent or 50 of its files, whichever is  
16 less, to ensure that information is verified appropriately or the NCQA 8/30  
17 methodology).
- 18 • For any non-compliant modifications made by the delegate, ASH will:
  - 19 ○ Document all actions taken or planned to address the non-compliant  
20 modification findings.
  - 21 ○ Implement a quarterly monitoring process for each delegate to assess the  
22 effectiveness of its actions on all findings and continue to monitor each  
23 delegate until the delegate demonstrates improvement of at least one finding  
24 over three consecutive quarters.

25  
26 For delegates that store, create, modify or use clinical services (UM) denial or appeal data  
27 for ASH, but whose clinical services (UM) systems do not allow date modifications, ASH  
28 will require that each delegate provides:

- 29 • Policies and procedures that describe the functionality of the system that ensures  
30 compliance; and
- 31 • Documentation or evidence of advanced system control capabilities that  
32 automatically record dates and prevent modifications that do not meet modification  
33 criteria.

### 34 35 **NON-DISCRIMINATION**

36 ASH does not discriminate against a member, provider, or practitioner for any reason and  
37 does not support any discriminating against members for any reason, including but not  
38 limited to age, sex, gender, gender identification (e.g., transgender), gender dysphoria,  
39 marital status, religion, ethnic background, national origin, ancestry, race, color, sexual  
40 orientation, patient type (e.g., Medicaid), mental or physical disability, health status, claims  
41 experience, medical history, genetic information, evidence of insurability, source of  
42 payment, geographic location within the service area or based on political affiliation. ASH

- 1 renders credentialing, clinical performance, and medical necessity decisions in the same
- 2 manner, in accordance with the same standards, and within the same time availability to all
- 3 members, providers, practitioners, and applicants.