

1 **Policy:** **Clinical Services Program – Arkansas**

2

3 **Date of Implementation:** **February 4, 2004**

4

5 **Product:** **Specialty**

6

7

8 **DEFINITIONS**

9 *Credentialed Practitioner* – A credentialed practitioner is an employee, independent  
10 contractor or is associated with a contracted provider in some way and in some instances;  
11 a contracted provider may be a credentialed practitioner. A credentialed practitioner is a  
12 practitioner who has been credentialed with ASH and is duly licensed, registered or  
13 certified, as required, in the state in which services are provided.

14

15 *Contracted Practitioner* – A contracted practitioner is a practitioner of health care services,  
16 a group practice, or a professional corporation which or who has both been credentialed by  
17 and contracted with ASH for the purpose of rendering professional services that are widely  
18 accepted, evidence based, and best clinical practice within the scope of the contracted  
19 practitioner’s professional licensure.

20

21 *Contracted Provider* – A contracted provider is any legal entity that (1) has contracted with  
22 ASH for the provision of services to members; (2) operates facilities at which services are  
23 provided; (3) is a credentialed practitioner or employs or contracts with credentialed  
24 practitioners.

25

26 **PURPOSE**

27 The Clinical Services Program (CS Program) defines the process for monitoring and  
28 evaluating treatment/services provided to members by credentialed practitioners. The CS  
29 Program provides a structured approach to positively influencing provider behavior toward  
30 conservative, evidence-based practices which may include verification of the medical  
31 necessity of diagnostic and treatment services delivered to members. This approach  
32 includes dissemination of clinical guidelines, peer-to-peer dialogue, peer review of data  
33 submitted on Medical Necessity Review Forms (MNR Forms) and supporting documents,  
34 and clinical decision communications that reference the applicable guidelines and clinical  
35 literature.

36

37 Every medical necessity verification decision is evaluated against established clinical  
38 guidelines and review criteria which are supported by credible scientific evidence that  
39 meets industry standard research quality criteria and are adopted as credible by an  
40 American Specialty Health – Specialty (ASH) clinical peer review committee. Further, the  
41 use of these practice parameters provides acceptable, scientifically valid, professionally  
42 ethical, and responsible support for the decisions made in the management of clinical

1 services rendered to members. The CS Program defines the process for peer review  
 2 evaluation of the appropriateness and effectiveness of submitted treatment/services, which  
 3 include visits, examinations, diagnostic tests and/or procedures, and plan of care, including  
 4 but not limited to intervention and goals.

5  
 6 Written policies and procedures govern all aspects of the CS Program.

7  
 8 State mandates, regulatory requirements, accreditation standards, and/or specific health  
 9 plan delegation agreements may require modification of some sections of the CS Program  
 10 for compliance. Where this occurs, the CS Program is modified and approved as applicable.

## 11 **MISSION**

12 The mission of the Clinical Services Program (CS Program) is to enhance the quality of  
 13 treatment/services rendered to members through:

- 14 • Direction and oversight of the continuity of treatment/services provided to the  
 15 member;
- 16 • Detection of trends, patterns of performance, or potential problems related to  
 17 member health and safety issues;
- 18 • Management of quality, clinical efficacy, and utilization of member benefits to  
 19 encourage optimal clinical and cost effectiveness;
- 20 • Education of practitioners to utilize appropriate, efficient, and professionally  
 21 recognized standards of practice for medically necessary care through the  
 22 dissemination of standards and guidelines, educational materials, and through  
 23 outreach by clinical staff;
- 24 • Assurance that clinical staff who verify the medical necessity of treatment/services  
 25 are not compensated or given other incentives to make clinical adverse benefit  
 26 determinations nor for rendering decisions that encourage or result in under-  
 27 utilization;
- 28 • Assurance that quality assurance and medical necessity review decisions are based  
 29 only on appropriateness of care and treatment/services; and
- 30 • Assurance that quality assurance and medical necessity review decisions are  
 31 conducted consistently and according to professionally recognized standards of  
 32 practice and ASH policy.

## 33 **SCOPE**

34  
 35 The ASH Clinical Services Program (CS Program) defines the process for monitoring and  
 36 evaluation of treatment/services provided to members by contracted  
 37 providers/practitioners. The CS Program provides a structured approach to verify the  
 38 medical necessity and appropriateness of treatment/services delivered to members through  
 39 review of clinical data submitted by the provider/practitioner on Medical Necessity Review  
 40 Forms (MNR Forms) and/or supporting documents. Clinical decisions are made by peer  
 41 clinicians, when allowed by state regulations, who are appropriately licensed and  
 42

1 credentialed and who have experience in direct-contact patient management. The CS  
 2 Program also outlines ASH’s clinical and administrative services in support of the medical  
 3 necessity review process.

#### 4 **GOALS AND OBJECTIVES**

6 The goals and objectives of the Clinical Services Program (CS Program) include:

- 7 • Maintenance of accreditation by URAC and the National Committee for Quality  
 8 Assurance (NCQA);
- 9 • Operation of a fully staffed peer review system using credentialed, clinical quality  
 10 evaluators for timely clinical decision-making, consistency, and efficiency;
- 11 • Evaluation of the appropriateness and effectiveness of clinical treatment/services  
 12 provided to members as well as monitoring over-utilization, under-utilization,  
 13 continuity and coordination of care, and safety through verification of medical  
 14 necessity;
- 15 • Ensure equitable accessibility and availability to all members for medically  
 16 necessary care;
- 17 • Satisfaction of the demands of operational process efficiencies necessary to manage  
 18 business growth, reduce administrative expenses, and fulfill quality and service  
 19 expectations of customers, national accreditation agencies, and regulatory entities;
- 20 • Clear and timely communication of quality assurance and medical necessity review  
 21 decisions, which are based on peer-reviewed literature, educational based  
 22 textbooks, clinical practice guidelines and clinical services guidelines, to  
 23 practitioners and members;
- 24 • Analysis of member demographics and diagnoses to facilitate a better  
 25 understanding of the health status of ASH members as well as to determine disease  
 26 incidence and chronic conditions in the member population;
- 27 • Analysis of member service utilization data including but not limited to initial  
 28 exams/evaluations, subsequent exams/re-evaluations, office visits, x-rays,  
 29 laboratory tests, and other adjunctive services;
- 30 • Direction and oversight of clinical services data through the tracking and analysis  
 31 of data reflecting verification of medical necessity of treatment/services submitted,  
 32 as applicable;
- 33 • Evaluation of satisfaction with the clinical services process through the Patient  
 34 Satisfaction Survey. The data are analyzed annually for systemic performance  
 35 management opportunities and on a real-time basis for patient-specific issues and  
 36 areas of dissatisfaction;
- 37 • Evaluation of satisfaction with the clinical services management process through  
 38 the annual Practitioner Satisfaction Survey. The data are analyzed annually to  
 39 identify opportunities for practitioner service improvement;
- 40 • Development of systems to evaluate and determine which treatment/services are  
 41 consistent with accepted standards of practice;

- 1 • Coordination of timely and thorough investigations and responses to member,
- 2 practitioner and provider grievances and appeals related to the clinical services
- 3 process, if delegated;
- 4 • Initiation of systems and processes to identify and limit recurring issues related to
- 5 quality assurance and medical necessity reviews;
- 6 • Development and maintenance of systems processes to monitor clinical outcomes
- 7 of care through satisfaction and outcomes survey methods; and
- 8 • Maintenance of systems processes to encourage member health education by
- 9 making member health education information available on the company website
- 10 and by making specialty health information available for use by clients in their
- 11 member education programs.

12

13 **ORGANIZATIONAL STRUCTURE/ACCOUNTABILITY**

14

15 The Clinical Services Program (CS Program) has been established with input and active  
16 participation of key staff and management. The Quality Oversight Committee (QOC) has  
17 responsibility for the development and oversight of the CS Program. The QOC includes,  
18 among others, the Chief Health Services Officer (CHSO), Senior Vice President,  
19 Operations, Senior Vice President, Clinical Services, Senior Vice President, Rehab  
20 Services, Senior Vice President, Health Services Administration, Senior Medical Directors  
21 and at least one credentialed practitioner.

22

23 The CS Program is reviewed, assessed, and approved annually and as necessary by the  
24 appropriate quality committees, including the QOC. The responsibility for assessing and  
25 monitoring the quality of care provided to members is delegated by the Board of Directors  
26 (BOD) to the QOC. The CS Program is approved by the QOC, monitored by ASH senior  
27 management, and the outcomes are reported to QOC and the BOD at least annually.

28

29 Clinical services activities and reports are integrated into the Quality Improvement  
30 Program (QI Program), Quality Improvement Work Plan (QI Work Plan), and Annual  
31 Quality Improvement Evaluation (Annual QI Evaluation) to ensure continuous quality  
32 improvement. The Clinical Services department is responsible for coordinating the cross-  
33 departmental development, approval, and reporting of the CS Program. The Corporate  
34 Compliance Committee (CCC) is responsible for coordinating the cross-departmental  
35 development, approval, and reporting of the QI Work Plan and necessary updates, Annual  
36 QI Evaluation, and the Clinical Performance Program, and supports quality initiatives  
37 under the direction of operations management and the QOC.

38

39 **STAFF RESPONSIBILITIES**

40

41 ASH’s organizational chart accurately reflects the clinical staff, the Medical  
42 Necessity/Benefit Administration (MNA) staff, and reporting structures. Staff position  
43 descriptions and committee charters explain the associated oversight and transactional  
44 responsibilities and duties. The staff ratios are equivalent to ASH’s needs. Reporting

1 relationships are clearly defined. Interdepartmental coordination of medical necessity  
 2 review is clearly delineated in committee charters, team descriptions, department  
 3 responsibilities, and position descriptions.

4  
 5 Information is evaluated periodically from URAC, NCQA, Department of Labor (DOL),  
 6 and Centers for Medicare and Medicaid Services (CMS) in order to analyze internal  
 7 processes and ensure compliance. Staff are provided documentation, education, and  
 8 training to understand external regulatory and accreditation standards/requirements and  
 9 receive education and training in the standards and principles of these organizations as they  
 10 relate to their responsibilities during initial orientation and at least annually thereafter.

### 11 12 **Chief Health Services Officer**

13 The Chief Health Services Officer/Executive Vice President (CHSO) serves on the Quality  
 14 Oversight Committee (QOC) as executive sponsor and oversees the Clinical Services  
 15 departments, which includes Clinical Quality Administration, Clinical Quality Evaluation,  
 16 and Health Services, which includes Health Services Research. The CHSO serves on the  
 17 Board of Directors (BOD). The CHSO oversees approval and adoption of the Clinical  
 18 Services Program (CS Program) and supporting policies regarding the operations,  
 19 outcomes, and quality improvement initiatives affected by or related to the CS Program. In  
 20 conjunction with Clinical Quality Evaluation (CQE) management staff and clinical quality  
 21 committees, the CHSO oversees CS Program implementation through the development of  
 22 key goals, oversight of clinical operations, ensuring timely completion of clinical services  
 23 activities and management of clinical decision-making. The CHSO supports the  
 24 development and implementation of the QI Program, QI Work Plan, and Annual QI  
 25 Evaluation, including development of key goals and quality strategies in conjunction with  
 26 senior management and ASH’s clinical committees. The integral role includes directing,  
 27 managing, and ensuring timely completion of clinical quality improvement activities  
 28 performed by the Health Services team. The CHSO is responsible for outcomes research  
 29 and evidence review activities in support of the development of clinical guidelines and  
 30 criteria that support ASH programs, including the CS Program. The CHSO has oversight  
 31 of the clinical quality sub-committees, the Quality Improvement Committee (QIC), and the  
 32 Practice Review Committee (PRC). The CHSO holds a current and unrestricted license to  
 33 practice in his/her respective healthcare field and meets ASH credentialing criteria.

34  
 35 The CHSO has the authority for ad hoc approval of policy on behalf of the QOC to meet  
 36 regulatory, accreditation, or client requirements when time constraints for filings or other  
 37 stakeholder expectations require rapid review and approval of policy. These ad hoc  
 38 approvals are reviewed and adopted by the QOC.

### 39 40 **Senior Vice President, Clinical Services and Senior Vice President, Rehab Services**

41 The Senior Vice President, Clinical Services and the Senior Vice President, Rehab  
 42 Services, whose oversight includes chiropractic, acupuncture, therapeutic massage,

1 naturopathy and rehabilitation services report to the BOD, by means of the CHSO, and are  
 2 responsible for the oversight of clinical operations, clinical staffing and training, and  
 3 clinical decision-making processes and procedures provided by the clinical review staff.  
 4 The Senior Vice President, Clinical Services and the Senior Vice President, Rehab Services  
 5 hold a current and unrestricted license to practice in his/her respective healthcare field and  
 6 meets ASH credentialing criteria.

7  
 8 Additional responsibilities include:

- 9 • Development and implementation of the CS Program;
- 10 • Oversight of the organization and management of the CS Program’s financial
- 11 viability, including the allocation of resources and staffing;
- 12 • Oversight of clinical services staff and practitioner educational activities;
- 13 • Oversight of the Clinical Services Investigation Team and Health and Safety
- 14 Investigation Team;
- 15 • Management of the clinical operational linkage between the corporate strategy and
- 16 the implementation of the CS Program;
- 17 • Deployment of corporate mission, development of vision, and strategic operational
- 18 plan to the CS Program;
- 19 • Development and implementation of clinical policy and guidelines, in conjunction
- 20 with the Clinical Quality Team (CQT) and the QIC;
- 21 • Voting member of the Corporate Compliance Committee (CCC);
- 22 • Voting member of the QIC (the Senior Vice President, Clinical Services also serves
- 23 as the Co-Chairperson of QIC);
- 24 • Voting member of the QOC;
- 25 • Provision of adequate resources to support and oversee the development of quality
- 26 improvement activities related to the clinical services process;
- 27 • Analysis of the effectiveness of the CS Program; and
- 28 • Oversee the evaluation of consistency and quality audits in the medical necessity
- 29 review process at least semi-annually.

30  
 31 **Senior Medical Directors**

32 The Senior Medical Director, Health Services and the Senior Medical Director, Clinical  
 33 Services report to the Chief Health Services Officer, and are responsible, as defined in  
 34 applicable job descriptions, for clinical operations, clinical staffing and training, and/or  
 35 clinical decision-making processes and procedures provided to the clinical review staff for  
 36 specialties managed by ASH. Senior Medical Directors hold current and unrestricted  
 37 licenses in the state of Arkansas to practice in medicine (MD/DO) in a state, territory or  
 38 commonwealth of the United States, requisite certifications as required by state  
 39 regulation(s) and meet ASH credentialing criteria. The Senior Medical Directors provide  
 40 medical direction of the health care activities and consultation for and medical supervision  
 41 of the clinical staff. The Senior Medical Directors are involved in the implementation of

1 protocols for the credentialing committee, protocols for quality assurance and programs for  
2 continuing education for clinical staff.

3  
4 Additional responsibilities include, as applicable:

- 5 • Oversight of medical necessity review including peer review and quality assurance  
6 activities in accordance with accreditation and regulatory requirements;
- 7 • Examination and provision of direction regarding the identification and  
8 management of clinical matters that require allopathic-specialty practitioner co-  
9 management;
- 10 • Participates on quality oversight and peer review committees and supports clinical  
11 decision making while participating in clinical committees as assigned;
- 12 • Collection of health care data;
- 13 • Supports the development of clinical practice guidelines, credentialing criteria, and  
14 other clinical decision assist tools;
- 15 • Provides medical support to the development of clinical programs and serves on  
16 project management teams by analyzing the outcomes of health care and  
17 collaborating with operations and other administrative departments as assigned;
- 18 • Recommendations for remedial action;
- 19 • Identification, evaluation, intervention, and follow up of potential and actual  
20 problems in healthcare administration and delivery to members; and
- 21 • Voting member of the QOC, which is responsible for review, approval, and  
22 adoption of policies, including the CS Program, and other policy/operational  
23 documentation.

24  
25 When a health plan has delegated clinical services to ASH, ASH’s clinical staff will  
26 coordinate with the health plan’s Medical Director, as applicable, to monitor and oversee  
27 the applicable clinical services functions as documented in the delegation agreement  
28 between the health plan and ASH.

29  
30 **Senior Management of Clinical Services Departments**

31 Senior management staff of the Clinical Services department report to the Senior Vice  
32 President, Clinical Services, the Senior Vice President, Rehab Services or a Senior Medical  
33 Director and maintain active, current and unrestricted licenses, certifications, or  
34 registrations and meet ASH’s credentialing criteria used for the applicable specialty.

35  
36 Senior management staff of the Clinical Services department are available to staff on site  
37 or by telephone and are responsible for clinical services activities, interaction with Medical  
38 Necessity/Benefit Administration, and evaluation of clinical services appeals.

1 Additional responsibilities include:

- 2 • Development of processes to support and enhance clinical services;
- 3 • Coordination of clinical appeals with external clinical consultants and appropriate
- 4 peer review committees;
- 5 • Identification of practice patterns that may warrant inquiry letters or clinical
- 6 Corrective Action Plans (CAPs);
- 7 • Assisting with CAP compliance through educational activities;
- 8 • Providing input into the development and review of clinical service and practice
- 9 guidelines, decision-making criteria, outcome assessment tools, and clinical policy;
- 10 • Identification and development of educational topics and materials for distribution
- 11 and/or presentation to practitioners;
- 12 • Participation in clinical committees as assigned by the BOD;
- 13 • Participation in interdepartmental key process teams as assigned by the Senior Vice
- 14 President, Clinical Services, the Senior Vice President, Rehab Services or a Senior
- 15 Medical Director;
- 16 • Support and implementation of quality improvement initiatives related to clinical
- 17 services;
- 18 • Resolution of clinical issues and oversight of the evaluation process of clinical
- 19 decision-making including monitoring documentation for adequacy and inter-rater
- 20 reliability for each level and type of clinical services (UM) decision;
- 21 • Clinical training and day to day supervision of clinical quality evaluators; and
- 22 • Evaluation of performance and counseling of staff.

### 23 Clinical Quality Evaluators

24 Clinical quality evaluators report to Clinical Services senior management staff. Clinical  
 25 quality evaluators maintain an active, current, and unrestricted license, registration, or  
 26 certification applicable to the medical necessity verification and other quality review work  
 27 they are assigned to perform. ASH staff will meet the credentialing criteria for the  
 28 applicable specialty. Their professional education, training, and experience are  
 29 commensurate with the clinical evaluations they conduct.

30  
 31  
 32 Written job descriptions for the clinical quality evaluators are maintained in personnel  
 33 records. Responsibilities include:

- 34 • Evaluation of the medical necessity of submitted treatment/services;
- 35 • Approval of medically necessary and appropriate treatments/services;
- 36 • Enhancement of continuity and coordination of services whenever possible;
- 37 • Recommendation of continuous quality improvement clinical services initiatives;
- 38 • Identification of quality of care or treatment/service concerns;
- 39 • Provision of outreach and education to practitioners as needed;
- 40 • Endorsement of the principles and procedures of clinical services and the DOL,  
 41 NCQA, URAC, and CMS standards;



- 1 • Provision of clinical opinions regarding the medical condition, procedures, and
- 2 treatment under review, as necessary; and
- 3 • Identification of psychosocial or other co-morbid conditions or the presence of
- 4 symptoms or conditions that suggest the need for redirection to or co-management
- 5 with a physician or other appropriate healthcare practitioner through the evaluation
- 6 of MNR Forms and medical records. When evidence of such a need is identified,
- 7 the clinical quality evaluator may, as appropriate, consult with the Senior
- 8 Management staff of the Clinical Services department and notify the practitioner to
- 9 facilitate coordination of care with other appropriate healthcare practitioners.

10

11 All personnel that make medical necessity review decisions and those who supervise them  
12 are apprised that:

- 13 • No punitive action may be taken against a practitioner for supporting a member in
- 14 a standard or expedited appeal request;
- 15 • Medical necessity review decisions are based on an evaluation of submitted clinical
- 16 information and adopted clinical standards of practice, and is solely for the purpose
- 17 of determining whether the submitted services can be approved for benefit coverage
- 18 based on appropriateness and medical necessity;
- 19 • Clinical decisions made by clinical quality evaluators are non-discriminatory of any
- 20 personal characteristics of the practitioner or member;
- 21 • Clinical quality evaluators, practitioners, or other individuals who make medical
- 22 necessity review decisions are not rewarded for issuing denials of benefit coverage
- 23 for health care services; and
- 24 • Clinical quality evaluators are not eligible for, nor do they receive, financial
- 25 incentives that encourage or result in under-utilization; and their decisions to
- 26 withhold, delay, or not approve medically necessary treatment/services are not
- 27 connected to any bonus or incentive program.

28

29 **Medical Necessity/Benefit Administration Staff**

30 Medical Necessity/Benefit Administration (MNA) staff are responsible for coordinating  
 31 the administrative management of the review process by entering administrative  
 32 information into the clinical services database system, Integrated Health Information  
 33 Systems (IHIS). MNA staff evaluate demographic and administrative compliance  
 34 components of the MNR Form submission process. ASH clinical quality evaluators are  
 35 available to MNA staff during this process. The MNA staff do not influence or make  
 36 decisions regarding medical necessity of treatment/services or interpret clinical decisions,  
 37 and ASH does not issue adverse benefit determinations of medical necessity based on  
 38 administrative review of MNR Forms. The MNA Director is responsible for evaluating  
 39 administrative data entry accuracy, in accordance with client and regulatory requirements  
 40 and ASH policy and procedures.

1 Additional responsibilities include:

- 2 • Verification of member eligibility and benefit coverage;
- 3 • Verification that practitioners are credentialed and verification that providers are
- 4 contracted;
- 5 • Data entry of MNR Form information into IHIS;
- 6 • Coordination of evaluations with clinical quality evaluators and data entry of
- 7 clinical decisions into the database as necessary;
- 8 • Coordination of communication of decision responses to practitioners and
- 9 members; and
- 10 • Collection of member documentation for clinical quality evaluators as necessary to
- 11 evaluate member history and previous treatment.

12  
13 MNA staff receive training about data collection requirements and ensure data are entered  
14 in a timely manner. When MNA staff identify contractual, practitioner education,  
15 practitioner non-compliance, or administrative issues, the issues are communicated to the  
16 appropriate department for management. The MNA staff also receive training regarding  
17 external regulatory, accreditation, and client requirements affecting their position  
18 responsibilities.

19  
20 The Senior Vice President, Clinical Services, the Senior Vice President, Rehab Services  
21 and a Senior Medical Director oversee the operational process via the MNA management  
22 staff of and, in collaboration with the Clinical Services team, oversee the interface between  
23 MNA staff and the Clinical Services department.

### 24 25 **Credentialed Practitioners**

26 Initial treatment/services may be available to members on a direct access basis, where  
27 allowed by state law and/or scope of practice regulations. However, health plan delegation  
28 agreements, benefit design, state mandates, and regulatory requirements may necessitate a  
29 referral. Members may change practitioners at any time. If the member requires more  
30 treatment/services than are available within the applicable tier level, an MNR Form must  
31 be submitted for verification of medical necessity of those additional treatment/services by  
32 a clinical quality evaluator. These requirements are detailed in the Operations Manual as  
33 part of the services agreement and client summaries.

34  
35 Practitioners submit information that is necessary to evaluate and verify the medical  
36 necessity of submitted treatment/services to MNA within submission time frames.  
37 Required information is limited to only that necessary to identify the member and  
38 practitioner and to conduct the clinical review. This includes:

- 39 • Patient information: name, address, telephone number, date of birth, sex, member
- 40 ID number, plan ID number, and subjective complaint(s);

- 1 • Member information (if different from patient information): name, employee ID
- 2 number, relationship to patient, employer, group number, and other coverage
- 3 available;
- 4 • Attending practitioner information: name, address, telephone number, fax number,
- 5 degree/license/certification/registration, Tax ID number or National Provider
- 6 Identifier (NPI);
- 7 • Appropriate clinical information: diagnoses, examination/assessment findings,
- 8 symptoms, type of treatment/services submitted or provided, duration of
- 9 treatment/services submitted or provided, number of treatment/services submitted
- 10 or provided, supports and appliance(s) (if applicable), rationale for initiation or
- 11 continuation of care, measurable outcome of care information, discharge plan
- 12 (anticipated release date); and coordination of care or referral; and
- 13 • History and clinical evaluation findings sufficient to substantiate the diagnoses (if
- 14 applicable) and support the level of treatment/services submitted or provided.

15  
16 **COMMUNICATION SERVICES**

17 **Availability During Business Hours**

18 Customer Service representatives are available by fax, electronic, or telephonic  
19 communications, including voicemail, to respond to inquiries from members, practitioners,  
20 and/or facility personnel.

21  
22 **Member Services Hours**

23 Between October 1 and March 31: Sunday - Saturday (7 days a week) from 8:00 am –  
24 8:00 pm local time, for each time zone in which ASH provides service (closed  
25 Thanksgiving Day and Christmas Day)

26  
27 Between April 1 and September 30: Monday-Friday from 5:00 am – 8:00 pm PST (closed  
28 for all ASH observed holidays)

29  
30 **Provider Services Hours**

31 Monday – Friday from 5:00 am – 6:00 pm PST (closed for all ASH observed holidays)

32  
33 Such inquiries may include general clinical services administrative questions and requests  
34 for information regarding specific medical necessity review requirements and procedures.  
35 Customer Service representatives document inbound communications and their response  
36 in the ASH proprietary communication log. Customer Service representatives may refer  
37 specific inbound clinical services communications to Medical Necessity/Benefit  
38 Administration (MNA) staff or clinical quality evaluators, as appropriate.

39  
40 MNA staff and clinical quality evaluators are available at least eight (8) hours a day during  
41 normal business hours to receive inbound and perform outbound communication regarding

1 clinical services issues. MNA staff and clinical quality evaluators provide telephone and  
2 fax numbers and/or secure electronic access to practitioners for inbound communication.

- 3 • Outbound communications may include directly speaking with practitioners and  
4 members or fax, electronic, or other telephonic communications, including secure  
5 electronic mailbox and voicemail;
- 6 • Staff identifies themselves by name, title, corporate name, as well as providing  
7 ASH’s Utilization Review Certification Number 0336 when initiating or returning  
8 calls regarding clinical services issues; and
- 9 • Inquiries and responses are documented in the ASH proprietary communication  
10 log. ASH provides a toll-free number for calls regarding clinical services issues and  
11 the ability to speak to a clinical quality evaluator.

12  
13 Communications received after normal business hours are returned on the next business  
14 day and communications received after midnight on weekdays (Monday – Friday) are  
15 responded to on the same business day.

16  
17 Inbound and outbound telephone calls may be monitored or recorded for quality assurance  
18 purposes.

19 **Availability Outside Normal Business Hours**

20 ASH provides a toll-free number and e-mail address for communications regarding clinical  
21 services issues. Customer Service, MNA, and clinical quality evaluators retrieve or respond  
22 to all routine, non-urgent messages no later than the next business day.

23  
24 A contracted answering service screens after-hours calls. If a member or practitioner states  
25 the issue is urgent, ASH’s “on call” Customer Service supervisor is contacted. The “on  
26 call” supervisor returns the member’s or practitioner’s call and provides assistance. If the  
27 issue is of an urgent clinical nature, an ASH senior clinician is contacted immediately and  
28 notified of the issue for resolution. The member or practitioner call and resolution are  
29 documented in the ASH proprietary communication log the next business day.

30  
31 Capacity of voicemail service, answering machine, or e-mailbox is monitored and adjusted  
32 as needed to accept the volume of incoming communications.

33  
34 **Disclosure Regarding Access to Clinical Services**

35 Information regarding the process for accessing clinical services is disclosed in member  
36 and practitioner materials and includes:

- 37 • Normal business hours of operation for the Customer Service, MNA, and Clinical  
38 Quality Evaluation (CQE) departments;
- 39 • ASH’s toll-free number(s) as appropriate for clinical services inquires; and
- 40 • Information regarding the after normal business hours communication process.

1 **Member Assistance**

2 ASH ensures that members have access to a representative by providing assistance to those  
3 with limited English proficiency or with a visual or other communicative impairment. ASH  
4 maintains a toll-free telephone number answered by representatives who are trained to  
5 facilitate interpretation services. ASH representatives have access to a language line that  
6 offers over-the-phone interpretation from English into more than 300 languages. When a  
7 representative identifies a need for language assistance, a three-way call to the interpreter  
8 is usually initiated within 60 seconds or less. ASH is also prepared to receive TDD calls  
9 from members with communicative impairments.

10  
11 **APPLICATION OF STANDARDIZED CLINICAL GUIDELINES**

12 In an effort to assist in the management of a positive clinical outcome and provide fairness  
13 and consistency, clinical guidelines are developed and adopted with involvement of  
14 appropriate, actively practicing practitioners with current knowledge for criteria  
15 applicability. Practitioners may also be employees of in- network providers. Actively  
16 practicing practitioners also have the opportunity to comment on the instructions for  
17 applying the evidence-based criteria. Clinical services decisions are based on clinical  
18 guidelines that:

- 19 • Reflect sound clinical evidence;
- 20 • Are developed from an evaluation of current applicable scientific literature;
- 21 • Represent consensus of committees comprised of credentialed practitioners;
- 22 • Incorporate expert opinion, when applicable; and
- 23 • Allow for modification secondary to consideration of the individual needs of the  
24 member and characteristics of the local delivery system.

25  
26 Criteria based on individual contributing factors such as age, co-morbidities,  
27 complications, and clinical progress are applied when making individual clinical services  
28 decisions.

29  
30 Clinical decision-making guidelines are evaluated annually and updated when appropriate.  
31 Guidelines may be reviewed by clinical committees and modified any time there is new  
32 clinical evidence that changes the clinical opinion regarding a given disease, condition, or  
33 procedure. The Clinical Quality Team (CQT) is an internal workgroup that provides  
34 research and recommendations for clinical decision-making guidelines development and  
35 criteria for appropriateness of utilization. Clinical decision-making guidelines are reviewed  
36 and approved by the Quality Improvement Committee (QIC) and the Quality Oversight  
37 Committee (QOC) on behalf of the Board of Directors (BOD) prior to implementation.

38  
39 Clinical quality evaluators are provided with clinical decision-making guidelines and  
40 receive training in the application of the criteria. These guidelines enable clinical quality  
41 evaluators to evaluate the medical necessity of diagnostic procedures and therapeutic  
42 interventions submitted by practitioners or provided to members. Clinical guidelines and

1 revisions are made available on the ASH public website, through a secured practitioner  
2 website, or provided to all practitioners, as applicable.

3  
4 Members and the public may request (free of charge) these clinical decision-making  
5 guidelines by contacting Customer Service. The following disclosure statement will be  
6 included in the cover letter to the requesting individual: “The materials provided are  
7 guidelines used by ASH to verify the medical necessity of treatment/services for persons  
8 with similar illnesses or conditions. Specific care and treatment may vary depending on  
9 individual need and the benefits covered by your contract.” The clinical guidelines are also  
10 available on the ASH public website.

11  
12 When used as clinical adverse benefit determination criteria, clinical guidelines may be  
13 shared with practitioners or members to explain the rationale for the adverse benefit  
14 determination of a given treatment/service. It is the responsibility of the clinical quality  
15 evaluator to apply his/her clinical expertise when using these guidelines as individual  
16 findings such as severity factors or co-morbidities may influence medical necessity  
17 decisions.

18  
19 An executive summary of the Clinical Services Program (CS Program) is available on the  
20 ASH public website. Members and the public may also request a copy of the process by  
21 which ASH verifies the medical necessity of submitted treatment/services by contacting  
22 ASH by telephone, fax, or email. The contact information for each method is also on the  
23 ASH public website.

24  
25 **MEDICAL NECESSITY REVIEW**

26 Medical necessity review decisions are made by peer clinical quality evaluators and, where  
27 applicable, Board Certified consultants. Clinical quality evaluators maintain an active,  
28 unrestricted license, certificate, or registration in their specialty in a state or territory of the  
29 United States, with professional education, training, and experience commensurate with  
30 the medical necessity reviews they conduct. Unless otherwise expressly allowed by state  
31 or federal laws or regulations, clinical quality evaluators are located in a state or territory  
32 of the United States when evaluating a medical necessity review determination. Decisions  
33 include approval or denial for benefit coverage of services based on an evaluation and  
34 verification of medical necessity, assessment of quality of care, coordination and provision  
35 of alternate levels of care, and evaluation of appropriate levels of care.

36  
37 A medical physician conducts medical necessity review of physical medicine therapy  
38 services (PT, OT, ST) when the referring provider and/or patient requests that a physician  
39 conduct the review. In addition, a medical physician conducts the medical necessity review  
40 of physical medicine therapy services when a patient’s response to treatment requires

1 physician intervention as indicated by medical or scientific evidence or clinical practice  
2 guidelines, such as when a patient:

- 3 • Has an adverse reaction to the treatment; or
- 4 • Is not responding to treatment (failure to progress); or
- 5 • Regresses to an earlier level of functioning or disease state (i.e., morbidity  
6 increases).

7  
8 Pre-service medical necessity review decisions are made based solely on the information  
9 available to the practitioner and communicated to ASH at the time that clinical care was  
10 requested.

11  
12 Concurrent/post-service medical necessity review decisions are made based solely on the  
13 information available to the practitioner and communicated to ASH at the time that clinical  
14 care was provided.

15  
16 Denial decisions may be overturned when the practitioner submits additional clinical  
17 information not available to the clinical reviewer at the time of the initial decision. ASH  
18 encourages peer to peer conversations when appropriate regarding medical necessity  
19 determinations.

20  
21 ASH will not revoke, limit, or constrict an authorization for a period of 45 business days  
22 from the date of authorization. Any correspondence or contact by ASH that denies or  
23 attempts to disclaim or deny payment for services that have been authorized within the 45  
24 business day period is void.

25  
26 Approval decisions may only be reversed when additional information related to member  
27 eligibility and/or benefit information is received and is either materially different from that,  
28 which was reasonably available at the time of the original decision, or is a result of fraud,  
29 or was submitted erroneously. In the case of a reversal, ASH would continue to provide  
30 coverage and make payment for the currently approved ongoing course of treatment while  
31 an internal appeal is under review.

32  
33 Members and practitioners are notified, as applicable, of service evaluation decisions  
34 within time frames specified in the *Medical Necessity Review – Arkansas (AR UM 2 – S)*  
35 policy.

36  
37 For information on urgent/emergent services please see the *Urgent/Emergent Services –*  
38 *Arkansas (AR UM 13 – S)* policy.

39  
40 ASH does not conduct on-site (facility-based) medical necessity reviews.

1 **Pre-Service Review**

2 All treatment/services submitted by the practitioner for verification of medical necessity  
3 that are submitted prior to the provision of treatment/services or after treatment/services  
4 were initiated but before the ending date of service (DOS) are managed under the definition  
5 of pre-service review.

6  
7 **Concurrent Review**

8 Concurrent reviews are typically associated with inpatient care or ongoing ambulatory  
9 care. A concurrent review decision is any review for an extension of a previously approved  
10 ongoing course of treatment over a period of time or number of treatments. A request to  
11 extend a course of treatment beyond the period of time or number of treatments previously  
12 approved by ASH is handled as a new request and decided within the time frame  
13 appropriate to the type of decision (i.e., non-urgent pre-service, urgent pre-service or post-  
14 service).

15  
16 **Post-Service Review**

17 All treatment/services submitted after the ending date of service (DOS) for verification of  
18 medical necessity are managed under the definition of post-service review.

19  
20 **Urgent/Emergent Service Review**

21 Urgent services are requests for healthcare services or treatments that require an expedited  
22 review and medical necessity determination because the time period allowed for non-  
23 urgent care determination is too lengthy and could present a health and safety issue.

24  
25 Emergency services provided by a non-credentialed practitioner will not have restrictions  
26 greater than those placed on credentialed practitioners.

27  
28 **Approval Decisions and Adverse Benefit Determinations**

29 Only a clinical quality evaluator who holds a current license/certification/registration to  
30 practice without restriction and is successfully credentialed may verify medical necessity  
31 of submitted treatment/services.

32  
33 **Requests for Additional Information**

34 If MNR Forms are submitted without the necessary clinical or administrative information,  
35 clinical quality evaluators or MNA staff attempt to obtain the missing information by  
36 calling the practitioner. If ASH is unable to make a determination due to missing necessary  
37 information, the time period for making the decision may be suspended according to the  
38 time frames specified in the *Medical Necessity Review – Arkansas (AR UM 2 – S)* policy.

39  
40 **Second Opinions**

41 As members have the right to change practitioners at any time, a member may seek a  
42 second opinion by seeing another credentialed practitioner in the member’s service area.



1 The credentialed practitioner consulted for the second opinion will comply with the  
2 conditions referenced in services agreements.

3  
4 **Reopen (Peer-to-Peer Conversation)**

5 ASH providers/credentialed practitioners may submit information in support of a reopen if  
6 one or more treatment/services previously submitted resulted in an adverse benefit  
7 determination due to a failure to provide sufficient supporting documentation.

8  
9 **Additional Service Requests (Modifications)**

10 ASH providers/credentialed practitioners may request a modification of an approved  
11 course of care to request additional treatment/services beyond those already submitted for  
12 verification of medical necessity for the episode of care (e.g., x-rays,  
13 procedures/modalities, and office visits) or to request a modification to the time period  
14 already submitted for the delivery of treatment/services.

15  
16 **COORDINATION OF CARE**

17 During the clinical quality evaluators’ evaluation of member and clinical information  
18 submitted on MNR Forms to verify the medical necessity of submitted treatment/services,  
19 the clinical quality evaluators also review for appropriate coordination of care. This may  
20 include referral information, contraindications to care, and/or communication with the  
21 member’s physician or other health care practitioners, as applicable. Should coordination  
22 with or without referral to another health care practitioner be indicated, and no evidence of  
23 coordination of care is documented in the MNR Form or the medical records submitted,  
24 the clinical quality evaluator will take the appropriate steps to ensure patient safety and  
25 optimum outcomes of care. Options available to the clinical quality evaluator include, but  
26 are not limited to, contacting the practitioner to ensure coordination has occurred, notifying  
27 the practitioner in an MNR Form that coordination of care appears indicated, and/or taking  
28 no action if the coordination appears beneficial, but would have no direct impact on patient  
29 safety or clinical outcomes. ASH encourages interprofessional communication between its  
30 credentialed practitioners and the member’s physician or other health care practitioners, as  
31 applicable.

32  
33 **CLINICAL SERVICES INVESTIGATION TEAM**

34 The Clinical Services Investigation Team (CSIT) facilitates the identification and  
35 investigation of potential utilization and quality issues.

36  
37 The primary function of the CSIT is the identification of instances or patterns of  
38 practitioner behavior that may fail to meet professionally recognized standards of practice  
39 or are non-compliant with the clinical services process and the investigation of these  
40 potential clinical services alerts. In addition to this function, the CSIT investigates potential  
41 issues related to utilization of services, facilitates routine medical records evaluations, and  
42 assists peer review committees in drafting and monitoring Corrective Action Plans (CAPs).

1 [See the applicable *Clinical Services Alerts, Clinical Performance Alerts, and Corrective*  
 2 *Action Plans (Practitioner/Provider Clinical Issues) (QM 2 – S)* policy for additional  
 3 information.]

4  
 5 A list of clinical indicator codes is provided to each clinical quality evaluator. If during the  
 6 verification of medical necessity, a clinical quality evaluator identifies a potential clinical  
 7 services alert issue or notes a pattern of submissions that suggests that the member is  
 8 receiving unsupported care that is not medically necessary, the MNR Form number,  
 9 practitioner name, member name, and clinical indicator are entered into the CSIT database.

10  
 11 The CSIT reviews entered data and, when appropriate, initiates an investigation of the  
 12 issue. This investigation may include a request for medical records, x-rays, or other clinical  
 13 documentation and may result in the need for no further action, an education letter, an  
 14 inquiry letter, or a clinical services alert reported to the Practice Review Committee (PRC)  
 15 for determination of further action.

16  
 17 In addition, when medical records are received from a practitioner as part of clinical  
 18 services, quality management, appeals, grievances, or other processes, the records are  
 19 subjected to the standard medical records documentation evaluation process and, if issues  
 20 are identified that may warrant an investigation or an education letter, a copy of the records  
 21 is forwarded to the CSIT to determine if further action is necessary. Results of medical  
 22 records evaluations are reported to the PRC, as necessary.

23  
 24 If the CSIT identifies an apparently egregious health and safety issue that cannot be  
 25 resolved by Health and Safety Investigation Team (HSIT) protocols (see below), the issue  
 26 is presented to the Chief Health Services Officer (CHSO) or designee for immediate review  
 27 and recommended action.

28  
 29 If a CAP is issued by the PRC or the CHSO, the provider/practitioner is given a detailed  
 30 summary of the issue. The CAP may also include educational materials and/or a  
 31 requirement for the provider/practitioner to complete a remedial education course specified  
 32 by the PRC or the CHSO, if applicable. The PRC determines any applicable timeline for  
 33 follow-up on the identified issue; the CSIT may request medical records and/or x-rays, as  
 34 necessary to perform the follow-up activities recommended. CAPs are tracked and trended,  
 35 as well as reviewed at the time the practitioner is recredentialed.

### 36 37 **HEALTH AND SAFETY INVESTIGATION TEAM**

38 The Health and Safety Investigation Team (HSIT) operates as a cross-functional team  
 39 within the Clinical Quality Evaluation (CQE) and the Clinical Quality Administration  
 40 (CQA) processes. The HSIT identifies potential health and safety issues where  
 41 documentation for treatment/services submitted by the practitioner indicates the possibility  
 42 of an underlying condition that may require further investigation and/or referral for co-

1 management or alternate management. The HSIT manages these cases to resolution. In  
 2 addition, the HSIT investigates issues related to child and elder abuse and/or neglect. ASH  
 3 has implemented protocols for managing cases involving abuse and/or neglect in  
 4 compliance with state laws and regulations. HSIT activities are tracked through ASH's  
 5 information systems and aggregate data is reported to the Quality Improvement Committee  
 6 (QIC) and the Quality Oversight Committee (QOC) on a quarterly basis in the clinical  
 7 performance management report. Analysis of results is trended to identify potential  
 8 opportunities for improvement relating to health and safety. The Senior Vice President,  
 9 Clinical Services, the Senior Vice President, Rehab Services and a Senior Medical Director  
 10 advise the HSIT, as needed.

11  
 12 If the HSIT identifies an apparently egregious health and safety issue that cannot be  
 13 resolved by standard HSIT protocols, the issue is presented to the CHSO or designee for  
 14 immediate review and recommended action. [See the applicable *Clinical Services Alerts*,  
 15 *Clinical Performance Alerts*, and *Corrective Action Plans (Practitioner/Provider Clinical*  
 16 *Issues) (QM 2 – S)* policy for additional information regarding Alerts and CAPS; and the  
 17 *Practitioner Clinical Denials, Terminations, and Appeals (CR 3 – S)* policy regarding  
 18 practitioner terminations or dec credentialing.]

## 19 20 **EVALUATION OF NEW TECHNOLOGIES**

21 The Clinical Quality Team (CQT), in conjunction with either the Internal Evidence  
 22 Evaluation Committee (IEEC) or the External Evidence Evaluation Committee (EEEC)  
 23 and the Quality Improvement Committee (QIC), are responsible for evaluating new clinical  
 24 technologies used in practice and new application of existing technologies and whether to  
 25 recommend the new technology or new application as an appropriate addition to the benefit  
 26 package. Committee members assist in the evaluation of information obtained from  
 27 appropriate government regulatory bodies and published scientific evidence. Input is  
 28 solicited from relevant specialists and professionals who have expertise in the technology.  
 29 Decision variables considered include health risks, improvements in health outcomes,  
 30 and/or improved health benefits as compared to existing covered technology.

31  
 32 Any benefit change related to clinical procedures and new technologies will be evaluated  
 33 and approved by the Quality Oversight Committee (QOC) and the Board of Directors  
 34 (BOD). ASH will communicate with contracted clients, as stipulated by delegation  
 35 agreements, prior to implementation of any changes in benefit related to clinical procedures  
 36 and new technologies to ensure a mutually agreeable determination. The clinical  
 37 procedures and new technologies, that, in the opinion of ASH clinical committees/teams,  
 38 are not clinically effective and/or do not have an improved health benefit over existing  
 39 technology may not be recommended for addition to the benefit package. For more  
 40 information, please see the *Evidence Based Health Information Evaluation Technology*  
 41 *Assessment (QM 32 – ALL)* policy.

## 1 **CLINICAL SERVICES PROGRAM MONITORING**

2 Ongoing monitoring of the Clinical Service Program (CS Program) is conducted through  
 3 evaluation of Performance Standards reports, Clinical Performance reports, and the Annual  
 4 QI Evaluation. Monitoring activities may be specific to administrative processes, clinical  
 5 practices, providers, practitioners, members, populations, or product lines. Quality  
 6 Improvement initiatives may be recommended to eliminate deficiencies and enhance  
 7 outcomes related to clinical services activities. These reports are presented to the Quality  
 8 Oversight Committee quarterly and, once approved, are provided to external customers  
 9 according to contract and/or delegation agreements. Areas evaluated may include but are  
 10 not limited to:

- 11 • Member visits and services rendered;
- 12 • Average radiology service approvals per member;
- 13 • Average number of exams/evaluations per patient, dates of service or interventions  
 14 approved/utilized per member per condition;
- 15 • Clinical appeals from members, providers and practitioners;
- 16 • Distribution of diagnosis codes by category/specialty;
- 17 • Adverse outcome indicators;
- 18 • Member grievances;
- 19 • Clinical services alert and clinical performance alert clinical indicators;
- 20 • Number of service approvals and adverse benefit determinations rendered;
- 21 • Clinical services decision profile (MNRF codes);
- 22 • Access and availability of clinical services; and
- 23 • Clinical services profile (evaluations, clerical error rates, clinical consistency, and  
 24 education program).

### 25 **Patient and Practitioner Satisfaction**

26 In an effort to assess patient and practitioner satisfaction, a statistically significant  
 27 representation of practitioner and patient populations is surveyed annually. The following  
 28 elements are included in the satisfaction evaluation:  
 29

- 30 • Medical necessity review processes;
- 31 • Quality of care and member services;
- 32 • Identified sources of dissatisfaction; and
- 33 • Practitioner accessibility and availability.

34  
 35 Barriers to care, potential problems, and opportunities for improvement identified from  
 36 information gathered about satisfaction with the clinical services process are assessed on  
 37 an ongoing basis and reported at least annually to the Quality Improvement Committee  
 38 (QIC), the Corporate Compliance Committee (CCC), and the Quality Oversight Committee  
 39 (QOC) for analysis. Where opportunities for improvement are identified, action is taken in  
 40 an effort to meet satisfaction goals and member and practitioner expectations. The annual

1 survey is compared to survey results from previous years to assess trends and assist in  
 2 evaluating improvements and opportunities.

### 4 **Over-Utilization and Under-Utilization**

5 Over-utilization and under-utilization are monitored daily by clinical quality evaluators.  
 6 Utilization patterns are evaluated to identify issues of concern that may affect clinical  
 7 outcomes. Practitioner specific or aggregate data analysis and clinical performance  
 8 monitoring are used to educate practitioners whose utilization patterns indicate over-  
 9 utilization or under-utilization. Practitioners who consistently demonstrate behavior  
 10 patterns inconsistent with professionally recognized standards and approved policy are  
 11 identified through a clinical services alert and are evaluated by the PRC. Intervention such  
 12 as practitioner education or Corrective Action Plans (CAPs) may be implemented,  
 13 monitored, and measured when appropriate. These clinical services indicators are included  
 14 in the quarterly Performance Standards reports.

15  
 16 Clinical quality evaluators are aware of the potential health risks of under-utilization.  
 17 Clinical quality evaluation management decision-making is based on appropriateness of  
 18 care and service and existence of coverage only. There are no financial incentives paid to  
 19 clinical quality evaluators that encourage decisions resulting in under-utilization.

20  
 21 Providers/practitioners are paid on a contracted fee-for-service basis and do not receive  
 22 financial incentives that result in under-utilization.

### 24 **Monitoring the Consistency and Appropriateness in Medical Necessity Decision Making**

25  
 26 ASH monitors the consistency and appropriateness with which ASH clinical quality  
 27 evaluators make and document clinical decisions and implement consistency improvement  
 28 training as necessary to improved consistency.

29  
 30 For each specialty with active business that includes Medical Necessity Reviews (MNRs),  
 31 a formalized annual Quality Assurance (QA) Audit will be conducted of each clinical  
 32 quality evaluator and, for applicable specialties, Team Manager medical necessity decision  
 33 making.

- 34  
 35 ○ All specialties with active business and all clinical quality evaluators, including those  
 36 that are newly hired who have completed training process and are actively reviewing  
 37 MNRs.  
 38 ○ Collaborative processes with clinical quality evaluators and management will ensure  
 39 audit observations and recommendations are agreed upon. An evidence-informed  
 40 consensus process is followed by management for adjudicating differences of opinion  
 41 in the audit. This may include leadership team members as well as clinical quality  
 42 evaluator input.

- 1 ○ Passing benchmark aggregately by specialty and individual is ninety percent (90%) or  
 2 higher. Appropriate remediation/training actions will be taken for those that do not pass  
 3 benchmark of 90%. Benchmark may be increased by ASH senior management if  
 4 necessary to improve results.
- 5 ○ Corrective Action Plans (CAPs) are used by management to help outline improvement  
 6 opportunities, and expectations. CAPs can be utilized by management if there are  
 7 trends observed that would benefit from a more formalized improvement action plan.  
 8 A CAP will be initiated by management if a clinical quality evaluator demonstrates  
 9 continued failure to meet benchmark(s) following remediation/training actions.

10 In addition to the annual QA audit for each specialty with active business and MNRs, Team  
 11 Managers or designated management will conduct monthly random reviews of each  
 12 clinical quality evaluator/peer reviewer’s medical necessity decision making during  
 13 production. This is part of an ongoing QI process performed outside of the formal annual  
 14 QA audit.

15

16 Results of the formal annual QA audits are reported to appropriate ASH clinical leadership  
 17 for both the specialty in aggregate and by individual. Specialty-wide results are tabulated  
 18 and trended to identify opportunities for improvement, including development of  
 19 additional clinical guidelines, rationale codes, and/or development of consensus related to  
 20 application of existing guidelines.

21

22 Individual results are tabulated and trended in order to identify opportunities for  
 23 improvement related to errors in the application of existing guidelines or rationale coding.  
 24 As needed, corrective actions are implemented to improve process or individual  
 25 performance. Specialty results of the formal annual QA audits are also included as part of  
 26 the 3<sup>rd</sup> quarter ASH Clinical Performance Management (CPM) reports and the California  
 27 Health Plan Assessment (CAHPA) report, as applicable, and presented to the Quality  
 28 Improvement Committee (QIC). Summaries of the formal annual QA audits will be  
 29 prepared and available to health plan clients upon request in November/December.

30

31 For additional information on the auditing process for clinical quality evaluators during  
 32 their initial training, see the *Orientation, Training, and Evaluation of Clinical Quality*  
 33 *Evaluators (UM 7 – S)* policy.

34

### 35 **CLINICAL COMMITTEE STRUCTURE**

36 The clinical committee structure and membership are identified in the committee charters  
 37 for the Practice Review Committee (PRC) and the Quality Improvement Committee (QIC).  
 38 Each charter for these committees contains detailed information such as chairperson,  
 39 voting membership, functions, meeting frequency, quorum, staff participation, and  
 40 reporting structure.

1 **Practice Review Committee**

2 **Functions**

3 The PRC is primarily responsible for the following functions:

- 4 • Provide peer review functions for clinical practice review, quality assurance and
- 5 medical necessity review, and clinical performance review;
- 6 • Review and approve clinical policy related to clinical practice review;
- 7 • Review and approve the Clinical Performance Systems quantitative and qualitative
- 8 measures;
- 9 • Review Clinical Service and Clinical Performance Alerts and determines necessary
- 10 action;
- 11 • Perform initial credentialing and re-credentialing review and determines
- 12 participation;
- 13 • Review and make recommendations regarding quality of care grievances;
- 14 • Issue and monitor Clinical Corrective Action Plans and Sanctions;
- 15 • Issue Clinical Quality Termination and de-credentialing decisions;
- 16 • Report practitioners to applicable agencies as appropriate (e.g., State Examining
- 17 Boards, NPDB);
- 18 • Provide recommendations for quality improvement activities; and
- 19 • Provide reports to Chief Health Services Officer (CHSO)/QIC and, as appropriate,
- 20 recommendations to the Quality Oversight Committee (QOC) with regard to
- 21 clinical quality, quality assurance, or quality improvement activities.
- 22

23 **Quality Improvement Committee**

24 **Functions**

25 The QIC is primarily responsible for the following functions:

- 26 • Peer review for initial credentialing practitioner denial appeals;
- 27 • Peer review for Practitioner Clinical Termination and de-credentialing Appeals –
- 28 1<sup>st</sup> level;
- 29 • Peer review for Clinical Performance Tier appeals;
- 30 • Peer review for medical necessity review appeals – 3rd level;
- 31 • Review and approve of clinical policy and clinical practice guidelines;
- 32 • Review Clinical Quality Administration (CQA) and Board of Directors (BOD)
- 33 reports of immediate terminations and de-credentialing;
- 34 • Provide reports to the BOD and, as appropriate, the QOC with regard to clinical
- 35 quality, quality assurance, or quality improvement activities which may include but
- 36 are not limited to:
  - 37 ○ Clinical Performance reports;
  - 38 ○ Quality Improvement studies;
  - 39 ○ Clinical elements of Annual QI Work Plan;
  - 40 ○ Clinical elements of Annual QI Evaluation;
  - 41 ○ Practitioner and Member Satisfaction Survey results;

- 1           ○ Quality audits;
- 2           ○ Clinical Services Investigation Team (CSIT) reports;
- 3           ○ Inter-Rater Reliability (IRR) audits;
- 4           ○ Clinical Performance Reports;
- 5           ○ Aggregate outcomes of peer review decisions; and
- 6           ○ Delegation oversight reports.

7  
8           **Chairperson Responsibilities**

9           The committee chairperson or official designee is responsible for effective meeting  
10          management, priority setting for agenda items, approval of guest attendance, signing  
11          approved documents as applicable on behalf of the committee, ensuring committee tasks  
12          are completed in a timely manner, calling for votes, following up on issues identified by  
13          the committee, ensuring that accurate meeting minutes are maintained, and reporting to  
14          supervisory committees.

15  
16          **Meeting Minutes**

17          Committee meeting minutes are taken contemporaneously, dated, and signed by the  
18          chairperson and in some instances, recording secretary. Confidentially maintained minutes  
19          reflect all committee business, including key discussions, recommendations, decisions,  
20          actions, review and evaluation of activities, and evaluation of policies. Minutes also include  
21          actions instituted by the committee, including appropriate follow up, evaluation of  
22          documents, and active practitioner participation. Subcommittee reports are evaluated on a  
23          regular basis, when applicable.

24  
25          Minutes are reviewed and approved by vote of the appropriate committee in a timely  
26          manner, with best effort made to finalize at the next scheduled meeting. All agendas,  
27          minutes, reports, and documents presented to committees are maintained in a confidential  
28          electronic format and are available upon request, as appropriate.

29  
30          **Term of Membership**

31          The BOD appoints committee chairpersons and annually approves committee charters and  
32          membership. Each member serves at the request of the BOD and may be removed at any  
33          time. All employees are bound by the company confidentiality policy. External committee  
34          members must sign an annual confidentiality statement. Credentialed practitioners may not  
35          currently serve on committees if they are a principal owner, board member, consultant,  
36          clinical quality evaluator, or committee member of another managed care organization or  
37          independent practitioner association. All members are required to disclose in writing any  
38          potential conflicts of interest that may arise during the course of their service on the  
39          committee. Committee members may not copy or distribute any documents without the  
40          expressed written consent of the committee chairperson.



1 **Urgent Issues Between Meetings**

2 Ad hoc meetings may be called when pressing issues require immediate resolution. The  
3 committee chair reports the issue and resolution to the committee at the next meeting.  
4 Committee members may also be reached via teleconference, fax, and/or e-mail when  
5 committee input is necessary. The unanimous written consent process may be used when  
6 members are unavailable for a meeting.

7  
8 **Guest Attendance at Committee Meetings**

9 Health plan representatives and other guests may attend committee meetings with  
10 permission of the President/Chief Operations Officer and/or committee chair. All non-staff  
11 guests sign a confidentiality statement for each meeting attended. Guests may only attend  
12 portions of the committee meeting pertinent to their business issues.

13  
14 **HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT**  
15 **(HIPAA)**

16 ASH strives to comply with all applicable HIPAA requirements and maintains policies  
17 relating to HIPAA compliance. All HIPAA-related policies are posted and accessible to all  
18 employees for review on the ASH Intranet site. Ongoing mandatory educational seminars  
19 are afforded to staff.

20  
21 **CONFIDENTIALITY**

22 ASH defines confidential information as non-public, proprietary information. The  
23 guidelines established in the *Confidentiality (QM 8 – S)* policy are followed to ensure this  
24 information is held in strict confidence, to safeguard the information received, and to protect  
25 against defacement, tampering, or use by unauthorized persons or for unauthorized  
26 purposes.

27  
28 **DELEGATION OF CLINICAL SERVICES**

29 If clinical services activities are delegated to contractors, there is a documented oversight  
30 and evaluation process of these activities, including the exercise of oversight of delegated  
31 or subcontracted functions in accordance with DOL, URAC, NCQA, and health plan  
32 medical necessity review standards. For example, a mutually agreed upon description of  
33 the delegated Clinical Services Program (CS Program) includes:

- 34 • Clinical services activities for which each party is responsible;
- 35 • Delegated activities;
- 36 • Reporting requirements (including frequency);
- 37 • Evaluation process of the contractor’s performance;
- 38 • Approval of the delegated contractor’s CS Programs;
- 39 • The process for providing member experience and clinical performance data to its  
40 delegates when requested;
- 41 • The delegate’s clinical services (UM) system security controls in place to protect  
42 data from unauthorized modification;

- 1 • How the delegate monitors its clinical services (UM) denial and appeal system  
2 security controls at least annually;
- 3 • How ASH monitors the delegate’s clinical services (UM) denial and appeal system  
4 security controls at lease annually; and
- 5 • The remedies, including revocation of the delegation, if the contractor does not  
6 fulfill its obligations.

7

8 Evidence shows that:

- 9 • The contractor’s capacity to perform the delegated activities prior to delegation is  
10 evaluated;
- 11 • The delegated contractor’s CS Program is approved at least annually;
- 12 • Regular reports as specified in the delegation agreement are reviewed and approved  
13 according to the report submission and frequency of reporting specified; and
- 14 • The delegated activities are evaluated annually to ensure they are being conducted  
15 in accordance with established ASH policy and expectations, applicable  
16 accreditation standards (URAC and NCQA), as well as applicable state and federal  
17 laws and regulations.

18

19 For delegates that store, create, modify or use clinical services (UM) denial or appeal data  
20 for ASH:

- 21 • ASH will annually monitor the delegate’s clinical services (UM) denial and appeal  
22 system security controls in place to protect data from unauthorized modification;
- 23 • ASH will ensure that the delegate annually monitors its adherence to the delegation  
24 agreement or its own policies and procedures;
- 25 • ASH will review and document all modifications made by the delegate that did not  
26 meet the modification criteria allowed by the delegation agreement or by the  
27 delegates’ policies and procedures; and
- 28 • ASH will audit only if the delegate does not use a clinical services (UM) system  
29 that can identify all noncompliant modifications, in which case, ASH will identify  
30 and document:
  - 31 ○ The staff roles or department involved in the audit.
  - 32 ○ All UM date modifications, but may use sampling to identify potential  
33 noncompliant changes for the audit (5 percent or 50 of its files, whichever is  
34 less, to ensure that information is verified appropriately or the NCQA 8/30  
35 methodology).
- 36 • For any non-compliant modifications made by the delegate, ASH will:
  - 37 ○ Document all actions taken or planned to address the non-compliant  
38 modification findings.
  - 39 ○ Implement a quarterly monitoring process for each delegate to assess the  
40 effectiveness of its actions on all findings and continue to monitor each

1 delegate until the delegate demonstrates improvement of at least one finding  
2 over three consecutive quarters.

3  
4 For delegates that store, create, modify or use clinical services (UM) denial or appeal data  
5 for ASH, but whose clinical services (UM) systems do not allow date modifications, ASH  
6 will require that each delegate provides:

- 7 • Policies and procedures that describe the functionality of the system that ensures  
8 compliance; and
- 9 • Documentation or evidence of advanced system control capabilities that  
10 automatically record dates and prevent modifications that do not meet modification  
11 criteria.

12  
13 **NON-DISCRIMINATION**

14 ASH does not discriminate against a member, provider, or practitioner for any reason and  
15 does not support any discriminating against members for any reason, including but not  
16 limited to age, sex, gender, gender identification (e.g., transgender), gender dysphoria,  
17 marital status, religion, ethnic background, national origin, ancestry, race, color, sexual  
18 orientation, patient type (e.g., Medicaid), mental or physical disability, health status, claims  
19 experience, medical history, genetic information, evidence of insurability, source of  
20 payment, geographic location within the service area or based on political affiliation. ASH  
21 renders credentialing, clinical performance, and medical necessity decisions in the same  
22 manner, in accordance with the same standards, and within the same time availability to all  
23 members, providers, practitioners, and applicants.