

1 **Policy:** **Clinical Services Program – New Jersey**

2

3 **Date of Implementation:** **July 14, 2005**

4

5 **Product:** **Specialty**

6

7

8 **DEFINITIONS**

9 *Credentialed Practitioner* – A credentialed practitioner is an employee, independent
10 contractor or is associated with a contracted provider in some way and in some instances;
11 a contracted provider may be a credentialed practitioner. A credentialed practitioner is a
12 practitioner who has been credentialed with ASH and is duly licensed, registered or
13 certified, as required, in the state in which services are provided.

14

15 *Contracted Practitioner* – A contracted practitioner is a practitioner of health care services,
16 a group practice, or a professional corporation which or who has both been credentialed by
17 and contracted with ASH for the purpose of rendering professional services that are widely
18 accepted, evidence based, and best clinical practice within the scope of the contracted
19 practitioner’s professional licensure.

20

21 *Contracted Provider* – A contracted provider is any legal entity that (1) has contracted with
22 ASH for the provision of services to members; (2) operates facilities at which services are
23 provided; (3) is a credentialed practitioner or employs or contracts with credentialed
24 practitioners.

25

26 **PURPOSE**

27 The Clinical Services Program (CS Program) defines the process for monitoring and
28 evaluating treatment/services provided to members by credentialed practitioners. The CS
29 Program provides a structured approach to positively influencing provider behavior toward
30 conservative, evidence-based practices which may include verification of the medical
31 necessity of diagnostic and treatment services delivered to members. This approach
32 includes dissemination of clinical guidelines, peer-to-peer dialogue, peer review of data
33 submitted on Medical Necessity Review Forms (MNR Forms) and supporting documents,
34 and clinical decision communications that reference the applicable guidelines and clinical
35 literature.

36

37 Every medical necessity verification decision is evaluated against established clinical
38 guidelines and review criteria which are supported by credible scientific evidence that
39 meets industry standard research quality criteria and are adopted as credible by an
40 American Specialty Health – Specialty (ASH) clinical peer review committee. Further, the
41 use of these practice parameters provides acceptable, scientifically valid, professionally
42 ethical, and responsible support for the decisions made in the management of clinical

1 services rendered to members. The CS Program defines the process for peer review
 2 evaluation of the appropriateness and effectiveness of submitted treatment/services, which
 3 include visits, examinations, diagnostic tests and/or procedures, and plan of care, including
 4 but not limited to intervention and goals.

5
 6 Written policies and procedures govern all aspects of the CS Program.

7
 8 State mandates, regulatory requirements, accreditation standards, and/or specific health
 9 plan delegation agreements may require modification of some sections of the CS Program
 10 for compliance. Where this occurs, the CS Program is modified and approved as applicable.

11
 12 **MISSION**

13 The mission of the Clinical Services Program (CS Program) is to enhance the quality of
 14 treatment/services rendered to members through:

- 15 • Direction and oversight of the continuity of treatment/services provided to the
 16 member;
- 17 • Detection of trends, patterns of performance, or potential problems related to
 18 member health and safety issues;
- 19 • Management of quality, clinical efficacy, and utilization of member benefits to
 20 encourage optimal clinical and cost effectiveness;
- 21 • Education of practitioners to utilize appropriate, efficient, and professionally
 22 recognized standards of practice for medically necessary care through the
 23 dissemination of standards and guidelines, educational materials, and through
 24 outreach by clinical staff;
- 25 • Assurance that clinical staff who verify the medical necessity of treatment/services
 26 are not compensated or given other incentives to make clinical adverse benefit
 27 determinations nor for rendering decisions that encourage or result in under-
 28 utilization;
- 29 • Assurance that quality assurance and medical necessity review decisions are based
 30 only on appropriateness of care and treatment/services; and
- 31 • Assurance that quality assurance and medical necessity review decisions are
 32 conducted consistently and according to professionally recognized standards of
 33 practice and ASH policy.

34
 35 **SCOPE**

36 The ASH Clinical Services Program (CS Program) defines the process for monitoring and
 37 evaluation of treatment/services provided to members by contracted
 38 providers/practitioners. The CS Program provides a structured approach to verify the
 39 medical necessity and appropriateness of treatment/services delivered to members through
 40 review of clinical data submitted by the provider/practitioner on Medical Necessity Review
 41 Forms (MNR Forms) and/or supporting documents. Clinical decisions are made by peer
 42 clinicians, when allowed by state regulations, who are appropriately licensed and

1 credentialed and who have experience in direct-contact patient management. The CS
 2 Program also outlines ASH’s clinical and administrative services in support of the medical
 3 necessity review process.

4 **GOALS AND OBJECTIVES**

6 The goals and objectives of the Clinical Services Program (CS Program) include:

- 7 • Maintenance of accreditation by URAC and the National Committee for Quality
 8 Assurance (NCQA);
- 9 • Operation of a fully staffed peer review system using credentialed, clinical quality
 10 evaluators for timely clinical decision-making, consistency, and efficiency;
- 11 • Evaluation of the appropriateness and effectiveness of clinical treatment/services
 12 provided to members as well as monitoring over-utilization, under-utilization,
 13 continuity and coordination of care, and safety through verification of medical
 14 necessity;
- 15 • Ensure equitable accessibility and availability to all members for medically
 16 necessary care;
- 17 • Satisfaction of the demands of operational process efficiencies necessary to manage
 18 business growth, reduce administrative expenses, and fulfill quality and service
 19 expectations of customers, national accreditation agencies, and regulatory entities;
- 20 • Clear and timely communication of quality assurance and medical necessity review
 21 decisions, which are based on peer-reviewed literature, educational based
 22 textbooks, clinical practice guidelines and clinical services guidelines, to
 23 practitioners and members;
- 24 • Analysis of member demographics and diagnoses to facilitate a better
 25 understanding of the health status of ASH members as well as to determine disease
 26 incidence and chronic conditions in the member population;
- 27 • Analysis of member service utilization data including but not limited to initial
 28 exams/evaluations, subsequent exams/re-evaluations, office visits, x-rays,
 29 laboratory tests, and other adjunctive services;
- 30 • Direction and oversight of clinical services data through the tracking and analysis
 31 of data reflecting verification of medical necessity of treatment/services submitted,
 32 as applicable;
- 33 • Evaluation of satisfaction with the clinical services process through the Patient
 34 Satisfaction Survey. The data are analyzed annually for systemic performance
 35 management opportunities and on a real-time basis for patient-specific issues and
 36 areas of dissatisfaction;
- 37 • Evaluation of satisfaction with the clinical services management process through
 38 the annual Practitioner Satisfaction Survey. The data are analyzed annually to
 39 identify opportunities for practitioner service improvement;
- 40 • Development of systems to evaluate and determine which treatment/services are
 41 consistent with accepted standards of practice;

- 1 • Coordination of timely and thorough investigations and responses to member,
- 2 practitioner and provider grievances and appeals related to the clinical services
- 3 process, if delegated;
- 4 • Initiation of systems and processes to identify and limit recurring issues related to
- 5 quality assurance and medical necessity reviews;
- 6 • Development and maintenance of systems processes to monitor clinical outcomes
- 7 of care through satisfaction and outcomes survey methods; and
- 8 • Maintenance of systems processes to encourage member health education by
- 9 making member health education information available on the company website
- 10 and by making specialty health information available for use by clients in their
- 11 member education programs.

12

13 **ORGANIZATIONAL STRUCTURE/ACCOUNTABILITY**

14

15 The Clinical Services Program (CS Program) has been established with input and active
16 participation of key staff and management. The Quality Oversight Committee (QOC) has
17 responsibility for the development and oversight of the CS Program. The QOC includes,
18 among others, the Chief Health Services Officer (CHSO), Senior Vice President,
19 Operations, Senior Vice President, Clinical Services, Senior Vice President, Rehab
20 Services, Senior Vice President, Health Services Administration, Senior Medical Directors
and at least one credentialed practitioner.

21

22 The CS Program is reviewed, assessed, and approved annually and as necessary by the
23 appropriate quality committees, including the QOC. The responsibility for assessing and
24 monitoring the quality of care provided to members is delegated by the Board of Directors
25 (BOD) to the QOC. The CS Program is approved by the QOC, monitored by ASH senior
26 management, and the outcomes are reported to QOC and the BOD at least annually.

27

28 Clinical services activities and reports are integrated into the Quality Improvement
29 Program (QI Program), Quality Improvement Work Plan (QI Work Plan), and Annual
30 Quality Improvement Evaluation (Annual QI Evaluation) to ensure continuous quality
31 improvement. The Clinical Services department is responsible for coordinating the cross-
32 departmental development, approval, and reporting of the CS Program. The Corporate
33 Compliance Committee (CCC) is responsible for coordinating the cross-departmental
34 development, approval, and reporting of the QI Work Plan and necessary updates, Annual
35 QI Evaluation, and the Clinical Performance Program, and supports quality initiatives
36 under the direction of operations management and the QOC.

37

38 **STAFF RESPONSIBILITIES**

39

40 ASH’s organizational chart accurately reflects the clinical staff, the Medical
41 Necessity/Benefit Administration (MNA) staff, and reporting structures. Staff position
42 descriptions and committee charters explain the associated oversight and transactional
responsibilities and duties. The staff ratios are equivalent to ASH’s needs. Reporting

1 relationships are clearly defined. Interdepartmental coordination of medical necessity
 2 review is clearly delineated in committee charters, team descriptions, department
 3 responsibilities, and position descriptions.

4
 5 Information is evaluated periodically from URAC, NCQA, Department of Labor (DOL),
 6 and Centers for Medicare and Medicaid Services (CMS) in order to analyze internal
 7 processes and ensure compliance. Staff are provided documentation, education, and
 8 training to understand external regulatory and accreditation standards/requirements and
 9 receive education and training in the standards and principles of these organizations as they
 10 relate to their responsibilities during initial orientation and at least annually thereafter.

11 12 **Chief Health Services Officer**

13 The Chief Health Services Officer/Executive Vice President (CHSO) serves on the Quality
 14 Oversight Committee (QOC) as executive sponsor and oversees the Clinical Services
 15 departments, which includes Clinical Quality Administration, Clinical Quality Evaluation,
 16 and Health Services, which includes Health Services Research. The CHSO serves on the
 17 Board of Directors (BOD). The CHSO oversees approval and adoption of the Clinical
 18 Services Program (CS Program) and supporting policies regarding the operations,
 19 outcomes, and quality improvement initiatives affected by or related to the CS Program. In
 20 conjunction with Clinical Quality Evaluation (CQE) management staff and clinical quality
 21 committees, the CHSO oversees CS Program implementation through the development of
 22 key goals, oversight of clinical operations, ensuring timely completion of clinical services
 23 activities and management of clinical decision-making. The CHSO supports the
 24 development and implementation of the QI Program, QI Work Plan, and Annual QI
 25 Evaluation, including development of key goals and quality strategies in conjunction with
 26 senior management and ASH’s clinical committees. The integral role includes directing,
 27 managing, and ensuring timely completion of clinical quality improvement activities
 28 performed by the Health Services team. The CHSO is responsible for outcomes research
 29 and evidence review activities in support of the development of clinical guidelines and
 30 criteria that support ASH programs, including the CS Program. The CHSO has oversight
 31 of the clinical quality sub-committees, the Quality Improvement Committee (QIC), and the
 32 Practice Review Committee (PRC). The CHSO holds a current and unrestricted license to
 33 practice in his/her respective healthcare field and meets ASH credentialing criteria.

34
 35 The CHSO has the authority for ad hoc approval of policy on behalf of the QOC to meet
 36 regulatory, accreditation, or client requirements when time constraints for filings or other
 37 stakeholder expectations require rapid review and approval of policy. These ad hoc
 38 approvals are reviewed and adopted by the QOC.

39 40 **Senior Vice President, Clinical Services and Senior Vice President, Rehab Services**

41 The Senior Vice President, Clinical Services and the Senior Vice President, Rehab
 42 Services, whose oversight includes chiropractic, acupuncture, therapeutic massage,

1 naturopathy and rehabilitation services report to the BOD, by means of the CHSO, and are
 2 responsible for the oversight of clinical operations, clinical staffing and training, and
 3 clinical decision-making processes and procedures provided by the clinical review staff.
 4 The Senior Vice President, Clinical Services and the Senior Vice President, Rehab Services
 5 hold a current and unrestricted license to practice in his/her respective healthcare field and
 6 meets ASH credentialing criteria.

7
 8 Additional responsibilities include:

- 9 • Development and implementation of the CS Program;
- 10 • Oversight of the organization and management of the CS Program’s financial
- 11 viability, including the allocation of resources and staffing;
- 12 • Oversight of clinical services staff and practitioner educational activities;
- 13 • Oversight of the Clinical Services Investigation Team and Health and Safety
- 14 Investigation Team;
- 15 • Management of the clinical operational linkage between the corporate strategy and
- 16 the implementation of the CS Program;
- 17 • Deployment of corporate mission, development of vision, and strategic operational
- 18 plan to the CS Program;
- 19 • Development and implementation of clinical policy and guidelines, in conjunction
- 20 with the Clinical Quality Team (CQT) and the QIC;
- 21 • Voting member of the Corporate Compliance Committee (CCC);
- 22 • Voting member of the QIC (the Senior Vice President, Clinical Services also serves
- 23 as the Co-Chairperson of QIC);
- 24 • Voting member of the QOC;
- 25 • Provision of adequate resources to support and oversee the development of quality
- 26 improvement activities related to the clinical services process;
- 27 • Analysis of the effectiveness of the CS Program; and
- 28 • Oversee the evaluation of consistency and quality audits in the medical necessity
- 29 review process at least semi-annually.

30
 31 **Senior Medical Directors**

32 A physician (medical doctor) who holds a current and valid license to practice medicine in
 33 the State of New Jersey is designated to serve as a Medical Director for medical
 34 treatment/services provided to members in New Jersey. The Senior Medical Director,
 35 Health Services and the Senior Medical Director, Clinical Services report to the Chief
 36 Health Services Officer, and are responsible, as defined in applicable job descriptions, for
 37 clinical operations, clinical staffing and training, and/or clinical decision-making processes
 38 and procedures provided to the clinical review staff for specialties managed by ASH.
 39 Senior Medical Directors hold current and unrestricted licenses to practice in medicine
 40 (MD/DO) in a state, territory or commonwealth of the United States, requisite certifications
 41 as required by state regulation(s) and meet ASH credentialing criteria.

1 Additional responsibilities include, as applicable:

- 2 • Overseeing the continuing in-service education of professional staff;
- 3 • Providing clinical direction and leadership to the continuous quality improvement
- 4 and medical necessity review programs;
- 5 • Establishing policies and procedures covering all medical necessity review
- 6 determination criteria and protocols applicable to healthcare treatment/services for
- 7 which benefits are payable under ASH’s benefit plans;
- 8 • Establishing policies and procedures covering all healthcare treatment/services
- 9 provided to members when ASH is authorized, and elects, to engage in the direct
- 10 or indirect provision of healthcare treatment/services.
- 11 • Contributing to the development and implementation of the CS Program in
- 12 collaboration with the CHSO, the Senior VP of Clinical Services, and Clinical
- 13 Services management staff;
- 14 • Participates in the Clinical Quality Team (CQT), which have responsibility for the
- 15 development of Clinical Practice Guidelines (CPG);
- 16 • Advising Clinical Services management regarding appropriate professional staffing
- 17 and training for the clinical review staff;
- 18 • Reviewing and providing direction regarding the identification and management of
- 19 clinical matters that require allopathic-complementary practitioner co-
- 20 management.
- 21 • Performance of medical necessity review and quality assurance activities in
- 22 accordance with accreditation and regulatory requirements;
- 23 • Examination and provision of direction regarding the identification and
- 24 management of clinical matters that require allopathic-specialty practitioner co-
- 25 management;
- 26 • Co-chair of Quality Improvement Committee (QIC); and supports clinical decision
- 27 making while participating in clinical committees as assigned;
- 28 • Provides management decision-making and participates in decision-making
- 29 regarding the clinical operational administration of the programs assigned;
- 30 • Supports the development of clinical practice guidelines, credentialing criteria, and
- 31 other clinical decision assist tools;
- 32 • Provides medical support to the development of clinical programs and serves on
- 33 project management teams collaborating with operations and other administrative
- 34 departments as assigned;
- 35 • Voting member of the QIC (the Senior Medical Director, Clinical Services also
- 36 serves as the Co-Chairperson of QIC); and
- 37 • Voting member of the QOC, which is responsible for review, approval, and
- 38 adoption of policies, including the CS Program, and other policy/operational
- 39 documentation.

1 **Senior Management of Clinical Services Departments**

2 Senior management staff of the Clinical Services department report to the Senior Vice
 3 President, Clinical Services, the Senior Vice President, Rehab Services or a Senior Medical
 4 Director and maintain active, current and unrestricted licenses, certifications, or
 5 registrations and meet ASH’s credentialing criteria used for the applicable specialty.

6
 7 Senior management staff of the Clinical Services department are available to staff on site
 8 or by telephone and are responsible for clinical services activities, interaction with Medical
 9 Necessity/Benefit Administration, and evaluation of clinical services appeals.

10
 11 Additional responsibilities include:

- 12 • Development of processes to support and enhance clinical services;
- 13 • Coordination of clinical appeals with external clinical consultants and appropriate
 14 peer review committees;
- 15 • Identification of practice patterns that may warrant inquiry letters or clinical
 16 Corrective Action Plans (CAPs);
- 17 • Assisting with CAP compliance through educational activities;
- 18 • Providing input into the development and review of clinical service and practice
 19 guidelines, decision-making criteria, outcome assessment tools, and clinical policy;
- 20 • Identification and development of educational topics and materials for distribution
 21 and/or presentation to practitioners;
- 22 • Participation in clinical committees as assigned by the BOD;
- 23 • Participation in interdepartmental key process teams as assigned by the Senior Vice
 24 President, Clinical Services, the Senior Vice President, Rehab Services or a Senior
 25 Medical Director;
- 26 • Support and implementation of quality improvement initiatives related to clinical
 27 services;
- 28 • Resolution of clinical issues and oversight of the evaluation process of clinical
 29 decision-making including monitoring documentation for adequacy and inter-rater
 30 reliability for each level and type of clinical services (UM) decision;
- 31 • Clinical training and day to day supervision of clinical quality evaluators; and
- 32 • Evaluation of performance and counseling of staff.

33
 34 **Clinical Quality Evaluators**

35 Clinical quality evaluators report to Clinical Services senior management staff. Clinical
 36 quality evaluators maintain an active, current, and unrestricted license, registration, or
 37 certification applicable to the medical necessity verification and other quality review work
 38 they are assigned to perform. ASH staff will meet the credentialing criteria for the
 39 applicable specialty. Their professional education, training, and experience are
 40 commensurate with the clinical evaluations they conduct.

1 Written job descriptions for the clinical quality evaluators are maintained in personnel
2 records. Responsibilities include:

- 3 • Evaluation of the medical necessity of submitted treatment/services;
- 4 • Approval of medically necessary and appropriate treatments/services;
- 5 • Enhancement of continuity and coordination of services whenever possible;
- 6 • Recommendation of continuous quality improvement clinical services initiatives;
- 7 • Identification of quality of care or treatment/service concerns;
- 8 • Provision of outreach and education to practitioners as needed;
- 9 • Endorsement of the principles and procedures of clinical services and the DOL,
10 NCQA, URAC, and CMS standards;
- 11 • Provision of clinical opinions regarding the medical condition, procedures, and
12 treatment under review, as necessary; and
- 13 • Identification of psychosocial or other co-morbid conditions or the presence of
14 symptoms or conditions that suggest the need for redirection to or co-management
15 with a physician or other appropriate healthcare practitioner through the evaluation
16 of MNR Forms and medical records. When evidence of such a need is identified,
17 the clinical quality evaluator may, as appropriate, consult with the Senior
18 Management staff of the Clinical Services department and notify the practitioner to
19 facilitate coordination of care with other appropriate healthcare practitioners.

20
21 All personnel that make medical necessity review decisions and those who supervise them
22 are apprised that:

- 23 • No punitive action may be taken against a practitioner for supporting a member in
24 a standard or expedited appeal request;
- 25 • Medical necessity review decisions are based on an evaluation of submitted clinical
26 information and adopted clinical standards of practice, and is solely for the purpose
27 of determining whether the submitted services can be approved for benefit coverage
28 based on appropriateness and medical necessity;
- 29 • Clinical decisions made by clinical quality evaluators are non-discriminatory of any
30 personal characteristics of the practitioner or member;
- 31 • Clinical quality evaluators, practitioners, or other individuals who make medical
32 necessity review decisions are not rewarded for issuing denials of benefit coverage
33 for health care services; and
- 34 • Clinical quality evaluators are not eligible for, nor do they receive, financial
35 incentives that encourage or result in under-utilization; and their decisions to
36 withhold, delay, or not approve medically necessary treatment/services are not
37 connected to any bonus or incentive program.

38 39 **Medical Necessity/Benefit Administration Staff**

40 Medical Necessity/Benefit Administration (MNA) staff are responsible for coordinating
41 the administrative management of the review process by entering administrative

1 information into the clinical services database system, Integrated Health Information
 2 Systems (IHIS). MNA staff evaluate demographic and administrative compliance
 3 components of the MNR Form submission process. ASH clinical quality evaluators are
 4 available to MNA staff during this process. The MNA staff do not influence or make
 5 decisions regarding medical necessity of treatment/services or interpret clinical decisions,
 6 and ASH does not issue adverse benefit determinations of medical necessity based on
 7 administrative review of MNR Forms. The MNA Director is responsible for evaluating
 8 administrative data entry accuracy, in accordance with client and regulatory requirements
 9 and ASH policy and procedures.

10
 11 Additional responsibilities include:

- 12 • Verification of member eligibility and benefit coverage;
- 13 • Verification that practitioners are credentialed and verification that providers are
 14 contracted;
- 15 • Data entry of MNR Form information into IHIS;
- 16 • Coordination of evaluations with clinical quality evaluators and data entry of
 17 clinical decisions into the database as necessary;
- 18 • Coordination of communication of decision responses to practitioners and
 19 members; and
- 20 • Collection of member documentation for clinical quality evaluators as necessary to
 21 evaluate member history and previous treatment.

22
 23 MNA staff receive training about data collection requirements and ensure data are entered
 24 in a timely manner. When MNA staff identify contractual, practitioner education,
 25 practitioner non-compliance, or administrative issues, the issues are communicated to the
 26 appropriate department for management. The MNA staff also receive training regarding
 27 external regulatory, accreditation, and client requirements affecting their position
 28 responsibilities.

29
 30 The Senior Vice President, Clinical Services, the Senior Vice President, Rehab Services
 31 and a Senior Medical Director oversee the operational process via the MNA management
 32 staff of and, in collaboration with the Clinical Services team, oversee the interface between
 33 MNA staff and the Clinical Services department.

34 35 **Credentialed Practitioners**

36 Initial treatment/services may be available to members on a direct access basis, where
 37 allowed by state law and/or scope of practice regulations. However, health plan delegation
 38 agreements, benefit design, state mandates, and regulatory requirements may necessitate a
 39 referral. Members may change practitioners at any time. If the member requires more
 40 treatment/services than are available within the applicable tier level, an MNR Form must
 41 be submitted for verification of medical necessity of those additional treatment/services by

1 a clinical quality evaluator. These requirements are detailed in the Operations Manual as
 2 part of the services agreement and client summaries.

3
 4 Practitioners submit information that is necessary to evaluate and verify the medical
 5 necessity of submitted treatment/services to MNA within submission time frames.
 6 Required information is limited to only that necessary to identify the member and
 7 practitioner and to conduct the clinical review. This includes:

- 8 • Patient information: name, address, telephone number, date of birth, sex, member
 9 ID number, plan ID number, and subjective complaint(s);
- 10 • Member information (if different from patient information): name, employee ID
 11 number, relationship to patient, employer, group number, and other coverage
 12 available;
- 13 • Attending practitioner information: name, address, telephone number, fax number,
 14 degree/license/certification/registration, Tax ID number or National Provider
 15 Identifier (NPI);
- 16 • Appropriate clinical information: diagnoses, examination/assessment findings,
 17 symptoms, type of treatment/services submitted or provided, duration of
 18 treatment/services submitted or provided, number of treatment/services submitted
 19 or provided, supports and appliance(s) (if applicable), rationale for initiation or
 20 continuation of care, measurable outcome of care information, discharge plan
 21 (anticipated release date); and coordination of care or referral; and
- 22 • History and clinical evaluation findings sufficient to substantiate the diagnoses (if
 23 applicable) and support the level of treatment/services submitted or provided.

24
 25 **COMMUNICATION SERVICES**

26 **Availability During Business Hours**

27 Customer Service representatives are available by fax, electronic, or telephonic
 28 communications, including voicemail, to respond to inquiries from members, practitioners,
 29 and/or facility personnel.

30
 31 **Member Services Hours**

32 Between October 1 and March 31: Sunday - Saturday (7 days a week) from 8:00 am –
 33 8:00 pm local time, for each time zone in which ASH provides service (closed
 34 Thanksgiving Day and Christmas Day)

35
 36 Between April 1 and September 30: Monday-Friday from 5:00 am – 8:00 pm PST (closed
 37 for all ASH observed holidays)

38
 39 **Provider Services Hours**

40 Monday – Friday from 5:00 am – 6:00 pm PST (closed for all ASH observed holidays)

1 Such inquiries may include general clinical services administrative questions and requests
 2 for information regarding specific medical necessity review requirements and procedures.
 3 Customer Service representatives document inbound communications and their response
 4 in the ASH proprietary communication log. Customer Service representatives may refer
 5 specific inbound clinical services communications to Medical Necessity/Benefit
 6 Administration (MNA) staff or clinical quality evaluators, as appropriate.

7
 8 MNA staff and clinical quality evaluators are available at least eight (8) hours a day during
 9 normal business hours to receive inbound and perform outbound communication regarding
 10 clinical services issues. MNA staff and clinical quality evaluators provide telephone and
 11 fax numbers and/or secure electronic access to practitioners for inbound communication.

- 12 • Outbound communications may include directly speaking with practitioners and
 13 members or fax, electronic, or other telephonic communications, including secure
 14 electronic mailbox and voicemail;
- 15 • Staff identifies themselves by name, title, corporate name, and license/certification
 16 number, where applicable, when initiating or returning calls regarding clinical
 17 services issues; and
- 18 • Inquiries and responses are documented in the ASH proprietary communication
 19 log. ASH provides a toll-free number for calls regarding clinical services issues and
 20 the ability to speak to a clinical quality evaluator.

21
 22 Communications received after normal business hours are returned on the next business
 23 day and communications received after midnight on weekdays (Monday – Friday) are
 24 responded to on the same business day.

25
 26 Inbound and outbound telephone calls may be monitored or recorded for quality assurance
 27 purposes.

28
 29 **Availability Outside Normal Business Hours**

30 ASH provides a toll-free number and e-mail address for communications regarding clinical
 31 services issues. Customer Service, MNA, and clinical quality evaluators retrieve or respond
 32 to all routine, non-urgent messages no later than the next business day.

33
 34 A contracted answering service screens after-hours calls. If a member or practitioner states
 35 the issue is urgent, ASH’s “on call” Customer Service supervisor is contacted. The “on
 36 call” supervisor returns the member’s or practitioner’s call and provides assistance. If the
 37 issue is of an urgent clinical nature, an ASH senior clinician is contacted immediately and
 38 notified of the issue for resolution. The member or practitioner call and resolution are
 39 documented in the ASH proprietary communication log the next business day.

40
 41 Capacity of voicemail service, answering machine, or e-mailbox is monitored and adjusted
 42 as needed to accept the volume of incoming communications.

1 **Disclosure Regarding Access to Clinical Services**

2 Information regarding the process for accessing clinical services is disclosed in member
3 and practitioner materials and includes:

- 4 • Normal business hours of operation for the Customer Service, MNA, and Clinical
5 Quality Evaluation (CQE) departments;
- 6 • ASH’s toll-free number(s) as appropriate for clinical services inquires; and
- 7 • Information regarding the after normal business hours communication process.

8
9 **Member Assistance**

10 ASH ensures that members have access to a representative by providing assistance to those
11 with limited English proficiency or with a visual or other communicative impairment. ASH
12 maintains a toll-free telephone number answered by representatives who are trained to
13 facilitate interpretation services. ASH representatives have access to a language line that
14 offers over-the-phone interpretation from English into more than 300 languages. When a
15 representative identifies a need for language assistance, a three-way call to the interpreter
16 is usually initiated within 60 seconds or less. ASH is also prepared to receive TDD calls
17 from members with communicative impairments.

18
19 **APPLICATION OF STANDARDIZED CLINICAL GUIDELINES**

20 In an effort to assist in the management of a positive clinical outcome and provide fairness
21 and consistency, clinical guidelines are developed and adopted with involvement of
22 appropriate, actively practicing practitioners with current knowledge for criteria
23 applicability. Practitioners may also be employees of in- network providers. Actively
24 practicing practitioners also have the opportunity to comment on the instructions for
25 applying the evidence-based criteria. Clinical services decisions are based on clinical
26 guidelines that:

- 27 • Reflect sound clinical evidence;
- 28 • Are developed from an evaluation of current applicable scientific literature;
- 29 • Represent consensus of committees comprised of credentialed practitioners;
- 30 • Incorporate expert opinion, when applicable; and
- 31 • Allow for modification secondary to consideration of the individual needs of the
32 member and characteristics of the local delivery system.

33
34 Criteria based on individual contributing factors such as age, co-morbidities,
35 complications, and clinical progress are applied when making individual clinical services
36 decisions.

37
38 Clinical decision-making guidelines are evaluated annually and updated when appropriate.
39 Guidelines may be reviewed by clinical committees and modified any time there is new
40 clinical evidence that changes the clinical opinion regarding a given disease, condition, or
41 procedure. The Clinical Quality Team (CQT) is an internal workgroup that provides
42 research and recommendations for clinical decision-making guidelines development and

1 criteria for appropriateness of utilization. Clinical decision-making guidelines are reviewed
 2 and approved by the Quality Improvement Committee (QIC) and the Quality Oversight
 3 Committee (QOC) on behalf of the Board of Directors (BOD) prior to implementation.
 4

5 Clinical quality evaluators are provided with clinical decision-making guidelines and
 6 receive training in the application of the criteria. These guidelines enable clinical quality
 7 evaluators to evaluate the medical necessity of diagnostic procedures and therapeutic
 8 interventions submitted by practitioners or provided to members. Clinical guidelines and
 9 revisions are made available on the ASH public website, through a secured practitioner
 10 website, or provided to all practitioners, as applicable.
 11

12 Members and the public may request (free of charge) these clinical decision-making
 13 guidelines by contacting Customer Service. The following disclosure statement will be
 14 included in the cover letter to the requesting individual: “The materials provided are
 15 guidelines used by ASH to verify the medical necessity of treatment/services for persons
 16 with similar illnesses or conditions. Specific care and treatment may vary depending on
 17 individual need and the benefits covered by your contract.” The clinical guidelines are also
 18 available on the ASH public website.
 19

20 When used as clinical adverse benefit determination criteria, clinical guidelines may be
 21 shared with practitioners or members to explain the rationale for the adverse benefit
 22 determination of a given treatment/service. It is the responsibility of the clinical quality
 23 evaluator to apply his/her clinical expertise when using these guidelines as individual
 24 findings such as severity factors or co-morbidities may influence medical necessity
 25 decisions.
 26

27 An executive summary of the Clinical Services Program (CS Program) is available on the
 28 ASH public website. Members and the public may also request a copy of the process by
 29 which ASH verifies the medical necessity of submitted treatment/services by contacting
 30 ASH by telephone, fax, or email. The contact information for each method is also on the
 31 ASH public website.
 32

33 **MEDICAL NECESSITY REVIEW**

34 Medical necessity review decisions are made by peer clinical quality evaluators and, where
 35 applicable, Board Certified consultants. Clinical quality evaluators maintain an active,
 36 unrestricted license, certificate, or registration in their specialty in a state or territory of the
 37 United States, with professional education, training, and experience commensurate with
 38 the medical necessity reviews they conduct. Unless otherwise expressly allowed by state
 39 or federal laws or regulations, clinical quality evaluators are located in a state or territory
 40 of the United States when evaluating a medical necessity review determination. Decisions
 41 include approval or denial for benefit coverage of services based on an evaluation and

1 verification of medical necessity, assessment of quality of care, coordination and provision
2 of alternate levels of care, and evaluation of appropriate levels of care.

3
4 A medical physician conducts medical necessity review of physical medicine therapy
5 services (PT, OT, ST) when the referring provider and/or patient requests that a physician
6 conduct the review. In addition, a medical physician conducts the medical necessity review
7 of physical medicine therapy services when a patient’s response to treatment requires
8 physician intervention as indicated by medical or scientific evidence or clinical practice
9 guidelines, such as when a patient:

- 10 • Has an adverse reaction to the treatment; or
- 11 • Is not responding to treatment (failure to progress); or
- 12 • Regresses to an earlier level of functioning or disease state (i.e., morbidity
13 increases).

14
15 Pre-service medical necessity review decisions are made based solely on the information
16 available to the practitioner and communicated to ASH at the time that clinical care was
17 requested.

18
19 Concurrent/post-service medical necessity review decisions are made based solely on the
20 information available to the practitioner and communicated to ASH at the time that clinical
21 care was provided.

22
23 Denial decisions may be overturned when the practitioner submits additional clinical
24 information not available to the clinical reviewer at the time of the initial decision. ASH
25 encourages peer to peer conversations when appropriate regarding medical necessity
26 determinations.

27
28 Approval decisions may only be reversed when additional identifies fraud committed by
29 the member, provider or practitioner. Such reversal shall not result in additional cost to an
30 innocent member, provider or practitioner. In the case of a reversal, ASH would continue
31 to provide coverage and make payment for the currently approved ongoing course of
32 treatment while an internal appeal is under review.

33
34 Members and practitioners are notified, as applicable, of service evaluation decisions
35 within time frames specified in the *Medical Necessity Review – New Jersey (NJ UM 2 – S)*
36 policy.

37
38 For information on urgent/emergent services please see the *Urgent/Emergent Services –*
39 *New Jersey (NJ UM 13 – S)* policy.

40
41 ASH does not conduct on-site (facility-based) medical necessity reviews.

Pre-Service Review

All treatment/services submitted by the practitioner for verification of medical necessity that are submitted prior to the provision of treatment/services or after treatment/services were initiated but before the ending date of service (DOS) are managed under the definition of pre-service review.

Concurrent Review

Concurrent reviews are typically associated with inpatient care or ongoing ambulatory care. A concurrent review decision is any review for an extension of a previously approved ongoing course of treatment over a period of time or number of treatments. A request to extend a course of treatment beyond the period of time or number of treatments previously approved by ASH is handled as a new request and decided within the time frame appropriate to the type of decision (i.e., non-urgent pre-service, urgent pre-service or post-service).

Post-Service Review

All treatment/services submitted after the ending date of service (DOS) for verification of medical necessity are managed under the definition of post-service review.

Urgent Service Review

For credentialed practitioners/providers, urgent services are defined as covered services for non-life-threatening conditions that require care by a contracted practitioner within 24 hours.

For non-credentialed practitioners/providers, urgent services are requests for healthcare services or treatments that require an expedited review and medical necessity determination because the time period allowed for non-urgent care determination is too lengthy and could present a health and safety issue.

Approval Decisions and Adverse Benefit Determinations

Only a clinical quality evaluator who holds a current license/certification/registration to practice without restriction and is successfully credentialed may verify medical necessity of submitted treatment/services.

All adverse determinations based on medical necessity for chiropractic benefits are made by a New Jersey licensed chiropractor identified as a Clinical Quality Evaluator with oversight by a New Jersey licensed physician (MD/DO).

For all specialties other than chiropractic, all adverse determinations based on medical necessity are made by a physician (medical doctor) who holds a current and valid license in the State of New Jersey.

1 **Requests for Additional Information**

2 If MNR Forms are submitted without the necessary clinical or administrative information,
3 clinical quality evaluators or MNA staff attempt to obtain the missing information by
4 calling the practitioner. If ASH is unable to make a determination due to missing necessary
5 information, the time period for making the decision may be suspended according to the
6 time frames specified in the *Medical Necessity Review – New Jersey (NJ UM 2 – S)* policy.

7
8 **Second Opinions**

9 As members have the right to change practitioners at any time, a member may seek a
10 second opinion by seeing another credentialed practitioner in the member’s service area.
11 The credentialed practitioner consulted for the second opinion will comply with the
12 conditions referenced in services agreements.

13
14 **Reopen (Peer-to-Peer Conversation)**

15 ASH providers/credentialed practitioners may submit information in support of a reopen if
16 one or more treatment/services previously submitted resulted in an adverse benefit
17 determination due to a failure to provide sufficient supporting documentation.

18
19 **Additional Service Requests (Modifications)**

20 ASH providers/credentialed practitioners may request a modification of an approved
21 course of care to request additional treatment/services beyond those already submitted for
22 verification of medical necessity for the episode of care (e.g., x-rays,
23 procedures/modalities, and office visits) or to request a modification to the time period
24 already submitted for the delivery of treatment/services.

25
26 **COORDINATION OF CARE**

27 During the clinical quality evaluators’ evaluation of member and clinical information
28 submitted on MNR Forms to verify the medical necessity of submitted treatment/services,
29 the clinical quality evaluators also review for appropriate coordination of care. This may
30 include referral information, contraindications to care, and/or communication with the
31 member’s physician or other health care practitioners, as applicable. Should coordination
32 with or without referral to another health care practitioner be indicated, and no evidence of
33 coordination of care is documented in the MNR Form or the medical records submitted,
34 the clinical quality evaluator will take the appropriate steps to ensure patient safety and
35 optimum outcomes of care. Options available to the clinical quality evaluator include, but
36 are not limited to, contacting the practitioner to ensure coordination has occurred, notifying
37 the practitioner in an MNR Form that coordination of care appears indicated, and/or taking
38 no action if the coordination appears beneficial, but would have no direct impact on patient
39 safety or clinical outcomes. ASH encourages interprofessional communication between its
40 credentialed practitioners and the member’s physician or other health care practitioners, as
41 applicable.

1 **CLINICAL SERVICES INVESTIGATION TEAM**

2 The Clinical Services Investigation Team (CSIT) facilitates the identification and
 3 investigation of potential utilization and quality issues.

4
 5 The primary function of the CSIT is the identification of instances or patterns of
 6 practitioner behavior that may fail to meet professionally recognized standards of practice
 7 or are non-compliant with the clinical services process and the investigation of these
 8 potential clinical services alerts. In addition to this function, the CSIT investigates potential
 9 issues related to utilization of services, facilitates routine medical records evaluations, and
 10 assists peer review committees in drafting and monitoring Corrective Action Plans (CAPs).
 11 [See the applicable *Clinical Services Alerts, Clinical Performance Alerts, and Corrective*
 12 *Action Plans (Practitioner/Provider Clinical Issues) (QM 2 – S)* policy for additional
 13 information.]

14
 15 A list of clinical indicator codes is provided to each clinical quality evaluator. If during the
 16 verification of medical necessity, a clinical quality evaluator identifies a potential clinical
 17 services alert issue or notes a pattern of submissions that suggests that the member is
 18 receiving unsupported care that is not medically necessary, the MNR Form number,
 19 practitioner name, member name, and clinical indicator are entered into the CSIT database.

20
 21 The CSIT reviews entered data and, when appropriate, initiates an investigation of the
 22 issue. This investigation may include a request for medical records, x-rays, or other clinical
 23 documentation and may result in the need for no further action, an education letter, an
 24 inquiry letter, or a clinical services alert reported to the Practice Review Committee (PRC)
 25 for determination of further action.

26
 27 In addition, when medical records are received from a practitioner as part of clinical
 28 services, quality management, appeals, grievances, or other processes, the records are
 29 subjected to the standard medical records documentation evaluation process and, if issues
 30 are identified that may warrant an investigation or an education letter, a copy of the records
 31 is forwarded to the CSIT to determine if further action is necessary. Results of medical
 32 records evaluations are reported to the PRC, as necessary.

33
 34 If the CSIT identifies an apparently egregious health and safety issue that cannot be
 35 resolved by Health and Safety Investigation Team (HSIT) protocols (see below), the issue
 36 is presented to the Chief Health Services Officer (CHSO) or designee for immediate review
 37 and recommended action.

38
 39 If a CAP is issued by the PRC or the CHSO, the provider/practitioner is given a detailed
 40 summary of the issue. The CAP may also include educational materials and/or a
 41 requirement for the provider/practitioner to complete a remedial education course specified
 42 by the PRC or the CHSO, if applicable. The PRC determines any applicable timeline for

1 follow-up on the identified issue; the CSIT may request medical records and/or x-rays, as
 2 necessary to perform the follow-up activities recommended. CAPs are tracked and trended,
 3 as well as reviewed at the time the practitioner is recredentialed.

4
 5 **HEALTH AND SAFETY INVESTIGATION TEAM**

6 The Health and Safety Investigation Team (HSIT) operates as a cross-functional team
 7 within the Clinical Quality Evaluation (CQE) and the Clinical Quality Administration
 8 (CQA) processes. The HSIT identifies potential health and safety issues where
 9 documentation for treatment/services submitted by the practitioner indicates the possibility
 10 of an underlying condition that may require further investigation and/or referral for co-
 11 management or alternate management. The HSIT manages these cases to resolution. In
 12 addition, the HSIT investigates issues related to child and elder abuse and/or neglect. ASH
 13 has implemented protocols for managing cases involving abuse and/or neglect in
 14 compliance with state laws and regulations. HSIT activities are tracked through ASH’s
 15 information systems and aggregate data is reported to the Quality Improvement Committee
 16 (QIC) and the Quality Oversight Committee (QOC) on a quarterly basis in the clinical
 17 performance management report. Analysis of results is trended to identify potential
 18 opportunities for improvement relating to health and safety. The Senior Vice President,
 19 Clinical Services, the Senior Vice President, Rehab Services and a Senior Medical Director
 20 advise the HSIT, as needed.

21
 22 If the HSIT identifies an apparently egregious health and safety issue that cannot be
 23 resolved by standard HSIT protocols, the issue is presented to the CHSO or designee for
 24 immediate review and recommended action. [See the applicable *Clinical Services Alerts,*
 25 *Clinical Performance Alerts, and Corrective Action Plans (Practitioner/Provider Clinical*
 26 *Issues) (QM 2 – S)* policy for additional information regarding Alerts and CAPS; and the
 27 *Practitioner Clinical Denials, Terminations, and Appeals (CR 3 – S)* policy regarding
 28 practitioner terminations or dec credentialing.]

29
 30 **EVALUATION OF NEW TECHNOLOGIES**

31 The Clinical Quality Team (CQT), in conjunction with either the Internal Evidence
 32 Evaluation Committee (IEEC) or the External Evidence Evaluation Committee (EEEC)
 33 and the Quality Improvement Committee (QIC), are responsible for evaluating new clinical
 34 technologies used in practice and new application of existing technologies and whether to
 35 recommend the new technology or new application as an appropriate addition to the benefit
 36 package. Committee members assist in the evaluation of information obtained from
 37 appropriate government regulatory bodies and published scientific evidence. Input is
 38 solicited from relevant specialists and professionals who have expertise in the technology.
 39 Decision variables considered include health risks, improvements in health outcomes,
 40 and/or improved health benefits as compared to existing covered technology.

1 Any benefit change related to clinical procedures and new technologies will be evaluated
 2 and approved by the Quality Oversight Committee (QOC) and the Board of Directors
 3 (BOD). ASH will communicate with contracted clients, as stipulated by delegation
 4 agreements, prior to implementation of any changes in benefit related to clinical procedures
 5 and new technologies to ensure a mutually agreeable determination. The clinical
 6 procedures and new technologies, that, in the opinion of ASH clinical committees/teams,
 7 are not clinically effective and/or do not have an improved health benefit over existing
 8 technology may not be recommended for addition to the benefit package. For more
 9 information, please see the *Evidence Based Health Information Evaluation Technology*
 10 *Assessment (QM 32 – ALL)* policy.

11 **CLINICAL SERVICES PROGRAM MONITORING**

12 Ongoing monitoring of the Clinical Service Program (CS Program) is conducted through
 13 evaluation of Performance Standards reports, Clinical Performance reports, and the Annual
 14 QI Evaluation. Monitoring activities may be specific to administrative processes, clinical
 15 practices, providers, practitioners, members, populations, or product lines. Quality
 16 Improvement initiatives may be recommended to eliminate deficiencies and enhance
 17 outcomes related to clinical services activities. These reports are presented to the Quality
 18 Oversight Committee quarterly and, once approved, are provided to external customers
 19 according to contract and/or delegation agreements. Areas evaluated may include but are
 20 not limited to:
 21

- 22 • Member visits and services rendered;
- 23 • Average radiology service approvals per member;
- 24 • Average number of exams/evaluations per patient, dates of service or interventions
 25 approved/utilized per member per condition;
- 26 • Clinical appeals from members, providers and practitioners;
- 27 • Distribution of diagnosis codes by category/specialty;
- 28 • Adverse outcome indicators;
- 29 • Member grievances;
- 30 • Clinical services alert and clinical performance alert clinical indicators;
- 31 • Number of service approvals and adverse benefit determinations rendered;
- 32 • Clinical services decision profile (MNR codes);
- 33 • Access and availability of clinical services; and
- 34 • Clinical services profile (evaluations, clerical error rates, clinical consistency, and
 35 education program).

1 **Patient and Practitioner Satisfaction**

2 In an effort to assess patient and practitioner satisfaction, a statistically significant
 3 representation of practitioner and patient populations is surveyed annually. The following
 4 elements are included in the satisfaction evaluation:

- 5 • Medical necessity review processes;
- 6 • Quality of care and member services;
- 7 • Identified sources of dissatisfaction; and
- 8 • Practitioner accessibility and availability.

9
 10 Barriers to care, potential problems, and opportunities for improvement identified from
 11 information gathered about satisfaction with the clinical services process are assessed on
 12 an ongoing basis and reported at least annually to the Quality Improvement Committee
 13 (QIC), the Corporate Compliance Committee (CCC), and the Quality Oversight Committee
 14 (QOC) for analysis. Where opportunities for improvement are identified, action is taken in
 15 an effort to meet satisfaction goals and member and practitioner expectations. The annual
 16 survey is compared to survey results from previous years to assess trends and assist in
 17 evaluating improvements and opportunities.

18
 19 **Over-Utilization and Under-Utilization**

20 Over-utilization and under-utilization are monitored daily by clinical quality evaluators.
 21 Utilization patterns are evaluated to identify issues of concern that may affect clinical
 22 outcomes. Practitioner specific or aggregate data analysis and clinical performance
 23 monitoring are used to educate practitioners whose utilization patterns indicate over-
 24 utilization or under-utilization. Practitioners who consistently demonstrate behavior
 25 patterns inconsistent with professionally recognized standards and approved policy are
 26 identified through a clinical services alert and are evaluated by the PRC. Intervention such
 27 as practitioner education or Corrective Action Plans (CAPs) may be implemented,
 28 monitored, and measured when appropriate. These clinical services indicators are included
 29 in the quarterly Performance Standards reports.

30
 31 Clinical quality evaluators are aware of the potential health risks of under-utilization.
 32 Clinical quality evaluation management decision-making is based on appropriateness of
 33 care and service and existence of coverage only. There are no financial incentives paid to
 34 clinical quality evaluators that encourage decisions resulting in under-utilization.

35
 36 Providers/practitioners are paid on a contracted fee-for-service basis and do not receive
 37 financial incentives that result in under-utilization.

1 **Monitoring the Consistency and Appropriateness in Medical Necessity Decision**
 2 **Making**

3 ASH monitors the consistency and appropriateness with which ASH clinical quality
 4 evaluators make and document clinical decisions and implement consistency improvement
 5 training as necessary to improved consistency.

6
 7 For each specialty with active business that includes Medical Necessity Reviews (MNRs),
 8 a formalized annual Quality Assurance (QA) Audit will be conducted of each clinical
 9 quality evaluator and, for applicable specialties, Team Manager medical necessity decision
 10 making.

- 11
- 12 • All specialties with active business and all clinical quality evaluators, including
 13 those that are newly hired who have completed training process and are actively
 14 reviewing MNRs.
 - 15 • Collaborative processes with clinical quality evaluators and management will
 16 ensure audit observations and recommendations are agreed upon. An evidence-
 17 informed consensus process is followed by management for adjudicating
 18 differences of opinion in the audit. This may include leadership team members as
 19 well as clinical quality evaluator input.
 - 20 • Passing benchmark aggregately by specialty and individual is ninety percent (90%)
 21 or higher. Appropriate remediation/training actions will be taken for those that do
 22 not pass benchmark of 90%. Benchmark may be increased by ASH senior
 23 management if necessary to improve results.
 - 24 • Corrective Action Plans (CAPs) are used by management to help outline
 25 improvement opportunities, and expectations. CAPs can be utilized by
 26 management if there are trends observed that would benefit from a more formalized
 27 improvement action plan. A CAP will be initiated by management if a clinical
 28 quality evaluator demonstrates continued failure to meet benchmark(s) following
 29 remediation/training actions.

30
 31 In addition to the annual QA audit for each specialty with active business and MNRs, Team
 32 Managers or designated management will conduct monthly random reviews of each
 33 clinical quality evaluator/peer reviewer’s medical necessity decision making during
 34 production. This is part of an ongoing QI process performed outside of the formal annual
 35 QA audit.

36
 37 Results of the formal annual QA audits are reported to appropriate ASH clinical leadership
 38 for both the specialty in aggregate and by individual. Specialty-wide results are tabulated
 39 and trended to identify opportunities for improvement, including development of
 40 additional clinical guidelines, rationale codes, and/or development of consensus related to
 41 application of existing guidelines.

1 Individual results are tabulated and trended in order to identify opportunities for
 2 improvement related to errors in the application of existing guidelines or rationale coding.
 3 As needed, corrective actions are implemented to improve process or individual
 4 performance. Specialty results of the formal annual QA audits are also included as part of
 5 the 3rd quarter ASH Clinical Performance Management (CPM) reports and the California
 6 Health Plan Assessment (CAHPA) report, as applicable, and presented to the Quality
 7 Improvement Committee (QIC). Summaries of the formal annual QA audits will be
 8 prepared and available to health plan clients upon request in November/December.

9
 10 For additional information on the auditing process for clinical quality evaluators during
 11 their initial training, see the *Orientation, Training, and Evaluation of Clinical Quality*
 12 *Evaluators (UM 7 – S)* policy.

13
 14 **CLINICAL COMMITTEE STRUCTURE**

15 The clinical committee structure and membership are identified in the committee charters
 16 for the Practice Review Committee (PRC) and the Quality Improvement Committee (QIC).
 17 Each charter for these committees contains detailed information such as chairperson,
 18 voting membership, functions, meeting frequency, quorum, staff participation, and
 19 reporting structure.

20
 21 **Practice Review Committee**

22 **Functions**

23 The PRC is primarily responsible for the following functions:

- 24 • Provide peer review functions for clinical practice review, quality assurance and
 25 medical necessity review, and clinical performance review;
- 26 • Review and approve clinical policy related to clinical practice review;
- 27 • Review and approve the Clinical Performance Systems quantitative and qualitative
 28 measures;
- 29 • Review Clinical Service and Clinical Performance Alerts and determines necessary
 30 action;
- 31 • Perform initial credentialing and re-credentialing review and determines
 32 participation;
- 33 • Review and make recommendations regarding quality of care grievances;
- 34 • Issue and monitor Clinical Corrective Action Plans and Sanctions;
- 35 • Issue Clinical Quality Termination and de-credentialing decisions;
- 36 • Report practitioners to applicable agencies as appropriate (e.g., State Examining
 37 Boards, NPDB);
- 38 • Provide recommendations for quality improvement activities; and
- 39 • Provide reports to Chief Health Services Officer (CHSO)/QIC and, as appropriate,
 40 recommendations to the Quality Oversight Committee (QOC) with regard to
 41 clinical quality, quality assurance, or quality improvement activities.

1 **Quality Improvement Committee**

2 **Functions**

3 The QIC is primarily responsible for the following functions:

- 4 • Peer review for initial credentialing practitioner denial appeals;
- 5 • Peer review for Practitioner Clinical Termination and de-credentialing Appeals –
- 6 1st level;
- 7 • Peer review for Clinical Performance Tier appeals;
- 8 • Peer review for medical necessity review appeals – 3rd level;
- 9 • Review and approve of clinical policy and clinical practice guidelines;
- 10 • Review Clinical Quality Administration (CQA) and Board of Directors (BOD)
- 11 reports of immediate terminations and de-credentialing;
- 12 • Provide reports to the BOD and, as appropriate, the QOC with regard to clinical
- 13 quality, quality assurance, or quality improvement activities which may include but
- 14 are not limited to:
 - 15 ○ Clinical Performance reports;
 - 16 ○ Quality Improvement studies;
 - 17 ○ Clinical elements of Annual QI Work Plan;
 - 18 ○ Clinical elements of Annual QI Evaluation;
 - 19 ○ Practitioner and Member Satisfaction Survey results;
 - 20 ○ Quality audits;
 - 21 ○ Clinical Services Investigation Team (CSIT) reports;
 - 22 ○ Inter-Rater Reliability (IRR) audits;
 - 23 ○ Clinical Performance Reports;
 - 24 ○ Aggregate outcomes of peer review decisions; and
 - 25 ○ Delegation oversight reports.

26
27 **Chairperson Responsibilities**

28 The committee chairperson or official designee is responsible for effective meeting
29 management, priority setting for agenda items, approval of guest attendance, signing
30 approved documents as applicable on behalf of the committee, ensuring committee tasks
31 are completed in a timely manner, calling for votes, following up on issues identified by
32 the committee, ensuring that accurate meeting minutes are maintained, and reporting to
33 supervisory committees.

34
35 **Meeting Minutes**

36 Committee meeting minutes are taken contemporaneously, dated, and signed by the
37 chairperson and in some instances, recording secretary. Confidentially maintained minutes
38 reflect all committee business, including key discussions, recommendations, decisions,
39 actions, review and evaluation of activities, and evaluation of policies. Minutes also include
40 actions instituted by the committee, including appropriate follow up, evaluation of
41 documents, and active practitioner participation. Subcommittee reports are evaluated on a
42 regular basis, when applicable.

1 Minutes are reviewed and approved by vote of the appropriate committee in a timely
 2 manner, with best effort made to finalize at the next scheduled meeting. All agendas,
 3 minutes, reports, and documents presented to committees are maintained in a confidential
 4 electronic format and are available upon request, as appropriate.

5
 6 **Term of Membership**

7 The BOD appoints committee chairpersons and annually approves committee charters and
 8 membership. Each member serves at the request of the BOD and may be removed at any
 9 time. All employees are bound by the company confidentiality policy. External committee
 10 members must sign an annual confidentiality statement. Credentialed practitioners may not
 11 currently serve on committees if they are a principal owner, board member, consultant,
 12 clinical quality evaluator, or committee member of another managed care organization or
 13 independent practitioner association. All members are required to disclose in writing any
 14 potential conflicts of interest that may arise during the course of their service on the
 15 committee. Committee members may not copy or distribute any documents without the
 16 expressed written consent of the committee chairperson.

17
 18 **Urgent Issues Between Meetings**

19 Ad hoc meetings may be called when pressing issues require immediate resolution. The
 20 committee chair reports the issue and resolution to the committee at the next meeting.
 21 Committee members may also be reached via teleconference, fax, and/or e-mail when
 22 committee input is necessary. The unanimous written consent process may be used when
 23 members are unavailable for a meeting.

24
 25 **Guest Attendance at Committee Meetings**

26 Health plan representatives and other guests may attend committee meetings with
 27 permission of the President/Chief Operations Officer and/or committee chair. All non-staff
 28 guests sign a confidentiality statement for each meeting attended. Guests may only attend
 29 portions of the committee meeting pertinent to their business issues.

30
 31 **HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT**
 32 **(HIPAA)**

33 ASH strives to comply with all applicable HIPAA requirements and maintains policies
 34 relating to HIPAA compliance. All HIPAA-related policies are posted and accessible to all
 35 employees for review on the ASH Intranet site. Ongoing mandatory educational seminars
 36 are afforded to staff.

37
 38 **CONFIDENTIALITY**

39 ASH defines confidential information as non-public, proprietary information. The
 40 guidelines established in the *Confidentiality (QM 8 – S)* policy are followed to ensure this
 41 information is held in strict confidence, to safeguard the information received, and to protect

1 against defacement, tampering, or use by unauthorized persons or for unauthorized
 2 purposes.

3
 4 **DELEGATION OF CLINICAL SERVICES**

5 If clinical services activities are delegated to contractors, there is a documented oversight
 6 and evaluation process of these activities, including the exercise of oversight of delegated
 7 or subcontracted functions in accordance with DOL, URAC, NCQA, and health plan
 8 medical necessity review standards. For example, a mutually agreed upon description of
 9 the delegated Clinical Services Program (CS Program) includes:

- 10 • Clinical services activities for which each party is responsible;
- 11 • Delegated activities;
- 12 • Reporting requirements (including frequency);
- 13 • Evaluation process of the contractor’s performance;
- 14 • Approval of the delegated contractor’s CS Programs;
- 15 • The process for providing member experience and clinical performance data to its
 16 delegates when requested;
- 17 • The delegate’s clinical services (UM) system security controls in place to protect
 18 data from unauthorized modification;
- 19 • How the delegate monitors its clinical services (UM) denial and appeal system
 20 security controls at least annually;
- 21 • How ASH monitors the delegate’s clinical services (UM) denial and appeal system
 22 security controls at least annually; and
- 23 • The remedies, including revocation of the delegation, if the contractor does not
 24 fulfill its obligations.

25
 26 Evidence shows that:

- 27 • The contractor’s capacity to perform the delegated activities prior to delegation is
 28 evaluated;
- 29 • The delegated contractor’s CS Program is approved at least annually;
- 30 • Regular reports as specified in the delegation agreement are reviewed and approved
 31 according to the report submission and frequency of reporting specified; and
- 32 • The delegated activities are evaluated annually to ensure they are being conducted
 33 in accordance with established ASH policy and expectations, applicable
 34 accreditation standards (URAC and NCQA), as well as applicable state and federal
 35 laws and regulations.

36
 37 For delegates that store, create, modify or use clinical services (UM) denial or appeal data
 38 for ASH:

- 39 • ASH will annually monitor the delegate’s clinical services (UM) denial and appeal
 40 system security controls in place to protect data from unauthorized modification;

- 1 • ASH will ensure that the delegate annually monitors its adherence to the delegation
- 2 agreement or its own policies and procedures;
- 3 • ASH will review and document all modifications made by the delegate that did not
- 4 meet the modification criteria allowed by the delegation agreement or by the
- 5 delegates’ policies and procedures; and
- 6 • ASH will audit only if the delegate does not use a clinical services (UM) system
- 7 that can identify all noncompliant modifications, in which case, ASH will identify
- 8 and document:
 - 9 ○ The staff roles or department involved in the audit.
 - 10 ○ All UM date modifications, but may use sampling to identify potential
 - 11 noncompliant changes for the audit (5 percent or 50 of its files, whichever is
 - 12 less, to ensure that information is verified appropriately or the NCQA 8/30
 - 13 methodology).
- 14 • For any non-compliant modifications made by the delegate, ASH will:
 - 15 ○ Document all actions taken or planned to address the non-compliant
 - 16 modification findings.
 - 17 ○ Implement a quarterly monitoring process for each delegate to assess the
 - 18 effectiveness of its actions on all findings and continue to monitor each
 - 19 delegate until the delegate demonstrates improvement of at least one finding
 - 20 over three consecutive quarters.

21
 22 For delegates that store, create, modify or use clinical services (UM) denial or appeal data
 23 for ASH, but whose clinical services (UM) systems do not allow date modifications, ASH
 24 will require that each delegate provides:

- 25 • Policies and procedures that describe the functionality of the system that ensures
- 26 compliance; and
- 27 • Documentation or evidence of advanced system control capabilities that
- 28 automatically record dates and prevent modifications that do not meet modification
- 29 criteria.

30
 31 **NON-DISCRIMINATION**

32 ASH does not discriminate against a member, provider, or practitioner for any reason and
 33 does not support any discriminating against members for any reason, including but not
 34 limited to age, sex, gender, gender identification (e.g., transgender person), gender
 35 expression, gender transition, gender dysphoria, marital status, religion, ethnic
 36 background, national origin, ancestry, race, color, sexual orientation, patient type (e.g.,
 37 Medicaid), mental or physical disability, health status, veteran status, military service,
 38 claims experience, medical history, genetic information, evidence of insurability, source or
 39 amount of payment, geographic location within the service area or based on political beliefs
 40 or affiliation. ASH renders credentialing, clinical performance, and medical necessity
 41 decisions in the same manner, in accordance with the same standards, and within the same
 42 time availability to all members, providers, practitioners, and applicants.